

The Florida Register

Your Statewide Guide to Premier Shopping and Events

www.registerweb.com

FREE-Take One

Sept. & Oct. 2026



DeFuniak Springs, Havana, Lanark Village,
Marianna, Panama City, Tallahassee plus Alabama

Lanark Village Wandering Star Quilters

Upcoming Events

Sat., Nov. 28, 2026: 4th Annual Holiday Bazaar,
Lanark Village Boat Club

Sat., April 24, 2027: 5th Annual Airing of the Quilts,
George Sands Park in Carrabelle

All Events Free Admission!
Event Hours: 9-3

New Members Welcome

For more info contact Sissy at 406-660-0760
or sgirtman5@gmail.com

COOKIE'S FABRICS

SERVING UP A SWEET STASH OF QUILTY GOODNESS!

SHOP ANYTIME AT www.cookiesfabrics.com 850-317-7770

Check Out Baby Lock
Specials on Trade-Ins for
Sewing Machines & Longarms

Longarm Services
4411 Constitution Lane
Marianna, FL 32448
Tues-Fri 10-5 and Sat 9-2

SEW MUCH BETTER

Affordable
Sewing Machine Service

7-Day Service \$75
RUSH 2-Day Turnaround \$25

DeFuniak Springs

Pickup & Drop Off within 20 Miles \$20

Email Make and Model for a fast response.

Susan Johnson SewMuchBetterLLC@gmail.com

Front Porch Quilt Shoppe

Where Quilters Gather for Classes, Groups,
Fabric, Books, Patterns, Notions & Lots of FUN!

We're Celebrating
27 Years in Business!

Participating Shop Aug 1 - Sept 30
AL, GA & SC

199 US Hwy 231 North
Ozark, AL 36360

www.frontporchquiltshoppe.com

Tues-Fri 10-5 • Sat 10-2 334-445-3521

15% OFF Your
Yardage Purchase
Expires 10/31/26

Friendship Star Quilters

2026 Quilt Show

Nov. 6, 10 am - 6 pm
Nov. 7, 10 am - 4 pm

Tallahassee Elks Lodge

276 N Magnolia Dr
Tallahassee, FL 32301

\$5 Admission Fee

Quilts, Vendors, Boutique, Baskets, Peddlers Table,
Scrap Splash and more!

Drawing November 7, 2026

Email: friendshipstarquiltersfl@gmail.com
Facebook: Friendship Star Quilters

Can You Find This Ad?

Pictured in the magnifying glass is a small portion of one of our ads. Can you find the ad that it came from? If so, fill in the form below and send it to us at: PO Box 2419, Cumming, GA 30028 or email the info below to canyoufindthis@theregisterweb.com

Advertiser's Name _____ Page #: _____
My Name _____
My City/State _____

One person will be drawn from the correct entries to be named as the winner in next issue.
The correct entry drawn from last issue was from Cyndie Campbell of Ponte Verda.

St. Andrew Bay Quilter's Guild presents their

Quilts from the Heart Quilt Show
"Beach Life" Feb. 26-27, 2027

Location: Central Panhandle Fairgrounds
2230 E. 15th St, Panama City, FL 32405

Day and night guild meetings available.
Visit our website for meeting times.

www.sabqg.org

www.cindysneedleworkcottage.com

Visit the cozy, peaceful
Cottage in Havana!

1210 Collins Rd. 1
Havana, FL
Wed-Sun 11:30-5:30
850-539-7201

Hand Painted Canvases
Cross Stitch Fabrics & Patterns
Extensive Threads & Needlepoint Yarns
Creative Classes
Silk Ribbon Embroidery
European Trims & Buttons
Finishing Services Available
Crazy Quilt Supplies & Embellishments

Oh Sew Country

8085 State Highway 83 N
DeFuniak Springs, FL 32433
850-974-1295

www.ohsewcountry.com

23228 Fifth Ave
Floral, AL 36442

Rise & Shine it's Quilting Time!
New Arrivals Daily!

10% Off
Expires 10/31/26
YN4P4

Mon Closed
Tues-Wed 10-5
Thur Closed
Fri-Sat 10-5
Sun Closed

A Cup of Tea with Lydia
Creating Beau-TEA-ful Floral Bouquets

Fall usually means back to school, back to work, and back to scheduled routines. It's also back to Grandparents Day—which is celebrated on the second Sunday of September each year. This year it falls on September 13. But my husband and I don't need an official holiday to celebrate with our grandkids. We enjoy time with them as often as we can.

When our grandkids arrive at our home, I often ask them, "What day is it today?"

Their usual reply is, "Funday!" Any day with them is fun for all of us.

One day when they arrived, they answered, "Workday!" That's because Anna, Owen and their mom, had offered to help us with house-cleaning and yardwork.

"We can still have fun," I said, as I began to sing Whistle while you work.

Work they did—and with a good attitude! After they vacuumed and washed the floors, cleaned the bathrooms and dusted furniture, our home almost shone "like the top of the Chrysler building," as Miss Hannigan says in Annie. The yard looked better, too.

Of course, it wasn't all work. We took time for tea and treats, enjoying the sunshine on our deck while sipping their favorite peach herbal tea.

"These cookies taste good," Anna said when she took a bite of the chocolate chip cookies I'd baked the previous day.

I also served oatmeal cake, gluten-free chips and fresh strawberries, which they love eating dipped into sour cream and brown sugar. They think it almost tastes like dipping them into caramel sauce.

Their help that day was a win-win situation. They were planning to attend an out-of-state church camp so I wrote out a check to help cover some of the cost.

"That's a lot of money," Anna said when they started to leave.

"Thanks for helping us," I said and smiled. "Do you know what else you were doing?" They waited for my reply. "You were laying up treasures in heaven" (Matthew 6:20).

They drove away smiling and I smiled as well when I stepped inside our

by Lydia E. Harris



continued on page 7

Keystone Heights, Lake City, Live Oak, White Springs

FP

FirePower[®]
coffee roasters

FirePower Coffee Roasters, LLC
322 SE State Rd 100, Suite D
Keystone Heights, FL 32656-6468
Coffee@FirePower.Coffee
Phone: 352.478.8174
www.FirePower.Coffee

Mon-Fri:
6:30 am - 3 pm
Sat: 8 am - 3 pm
Sun: 8 am - 3 pm

Piecing Life Together
The Lesson of the Decoupage Pumpkin

by Barbara Polston

There are many sayings about not giving up and sticking with a task until the bitter end. But, how easy...or hard...is it to not give up.

This past "spooky season" I was inspired by a reel seen on my social media feed. The idea was to decoupage items using a single layer of printed napkins. It looked fairly simple to do, so I thought I would give it a try. My idea was to decoupage a pumpkin with autumn leaves to use as fall décor. I already had decoupage medium in my craft stash. I found paper napkins printed with autumn leaves that I thought would work. Visiting our favorite pumpkin patch, the entire family helped me find the perfect white pumpkin for my project. Despite distant memories of trying decoupage in the past with marginal success, I was undeterred. As soon as we got home, I scrubbed my pumpkin, prepared my workspace, assembled my craft supplies and set to work.

Mistakes ensued. First, I thinned the decoupage medium with water. I quickly realized

Emma's Sewing Studio

Sewing & Alteration Services
Sewing, Crochet, & Quilting Classes
Cleaning & Maintenance on all Sewing Machines

Come see our demonstrations at
Liberty in Stitches Show OCT. 16 & 17
Stephen Foster Folk Culture Center State Park

16796 - 16TH ST. • LIVE OAK, FL 32060 • 386-364-8553

HRS: 10-4 call for other times • Email: ecorbin100@gmail.com

Fabric, Friends & Fun!

Visit us in Lake City!

BRING THIS AD

15% OFF
YOUR PURCHASE

One per customer. With this ad. Exp. 11/15/26
Code: YZMK

Call 386-308-3195

Quality Quilting
Fabrics (Moda,
Northcott & more!)

Beginner-Friendly
Classes

Friendly, Helpful
Environment

Scrappy Girl
Quilts & Fabric

www.ScrappyGirlQuilts.com

that was an error and switched to using the medium directly from its container. Better. I brushed an area of the pumpkin with the medium, placed the cut-out leaves and brushed more medium over the top. The paper was delicate and I found, once wet, prone to ripping. Pushing the ripped bits back into place, I carried on. It was a bit of a challenge to get flat pieces of napkin to bend to the pumpkin's curve. It was even more challenging to get all the edges of the paper to lie flat against the pumpkin.

The pumpkin had 10 rib sections. After decoupageing three, I assessed my progress. "Ugh," I thought. "I'm not sure I like how this is turning out." My first inclination was to wash everything off and decorate the pumpkin in another manner. But maybe I hadn't given this a fair chance. I decided to keep going. By the time I got to the tenth rib, the first was already mostly dry. I liked what I saw. The cream-colored background of the paper napkins was disappearing against the pumpkin and it looked as I had hoped, autumn leaves floating around the pumpkin. I loved my project.

This set me to thinking. Maybe I've given up on some things too easily in life. Maybe if I just kept going a little longer, I could see the light of a positive result at the end of the tunnel. I've resolved to keep the lesson of the decoupage pumpkin in mind.

When showing off my pumpkin project to the family, I told them I almost gave up. Resoundingly, they told me they were glad I hadn't. My decoupage pumpkin will provide autumn décor through Thanksgiving, and I still have more of the paper napkins left. Maybe I will repeat the project next year.

©Barbara Polston, Oct 2024. Barbara is the author of *Quilting with Dollies: Inspiration, Techniques, and Projects* (Schiffer Press, 2015) and a series of children's books inviting young children to share in *The Adventures of Puppy Brian* (www.puppybrian.com). Barbara lives in Tucson, AZ where she has failed at retirement, but is getting more time for sewing in a variety of forms. Contact her at barbarapolstonquilter@gmail.com.

Liberty
in
Stitches
2026
Stephen Foster Quilt Show

HONORING AMERICA'S HISTORY
THROUGH QUILTING

October
16 & 17, 2026
9:00 a.m. to 4:00 p.m. Daily

★ TRADITIONAL & PATRIOTIC QUILTS

★ ANTIQUE & HEIRLOOM QUILTS

★ FOOD & HANDMADE CRAFT VENDORS

★ MODERN & ART QUILTS

★ HISTORY EXHIBITS

★ DEMONSTRATIONS & DISPLAYS

To register your Quilt or for more information please visit www.StephenFosterCSO.org

STEPHEN FOSTER FOLK CULTURE CENTER STATE PARK - 11016 LILLIAN SAUNDERS DR. WHITE SPRINGS, FL

Chiefland, Crystal River, Ocala and Longarm



Junk at its Finest!
From Antiques to Rusty Stuff, we buy and sell Junk, Antiques, Collectables, Furniture, and so much more!

Visit the Best Junk Shop Around.
Under new ownership.

737 N. Suncoast Blvd
Crystal River, FL
M-F 10-5 • 352-436-9294

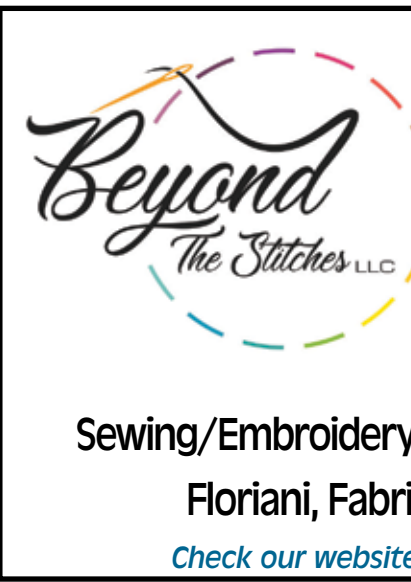


352-493-2801
11050 NW 10th Ave. • Chiefland, FL 32626
Levy County Quilt Museum Chiefland Florida
Open Tuesday – Saturday from 10am to 3pm
Quilts, fabric & other handmade items for sale!
Come see Sieglinde Schoen Smith's collection permanently on display!



Bellevue Busy Bee Quilt Show 2027
Friday & Saturday
Feb. 12 & 13, 2027
9:00 am to 4:00 pm

Silver Springs Shores Presbyterian Church
674 Silver Road, Ocala, FL 34472



979 N. Suncoast Blvd.
Airport Plaza
Crystal River, Florida 34429
352-794-3289 • Mon–Fri 9-5 • Sat 9-3
www.beyondthestitches.com
Sign up for Electronic Newsletter on our website
info@beyondthestitches.com
Facebook: Beyond The Stitches, LLC

FOR THE LOVE OF SEWING

Sewing/Embroidery/Quilting/Serger Machines,
Floriani, Fabric, Threads & Notions.
Check our website for Classes & other Events!



Calling all quilters in the
Hernando/Pasco/Citrus County/Nature Coast area

You did the hard work of piecing that beautiful quilt top. Now let me help finish it.

- Bernina Q24 Longarm on a 12' frame accommodates quilts up to 108" wide
- Hundreds of computerized, precision designs available using Qmatic
 - Fast Turn Around Time
 - USPS/UPS/FedX accepted

512-426-6873 www.isewquilts.com



Three birthday gift beauties sent to their destination to family in Wyoming. I never tire of making the Bodobo Big Bag Tote.
Shared by reader S. Grymes of West Melbourne, FL



Rachel and Matthew zip-lining and Rachel in a garden on a recent trip.



Vintage Finds
Home Decor
and More

- New arrivals daily -

A great little store with a whole lotta everything!

120 S. Magnolia Ave., Ocala, FL
352-732-5580
Tues-Fri 10:30-5:30, Sat 11-4
Visit our 2nd location just across the street
Facebook and Instagram: White Elephant Store Ocala

Fine Hoarding Since 2004





Just Imagine if we Lived Simply, had Big Dreams, shared our Love, was Grateful for everything, and Laughed alot ~

How would we experience our world today?
This question is worth some time and contemplation.
The definition of contemplation is inspiring ~ concentration on spiritual things as a form of private devotion ~ an act of considering with attention ~ the act of regarding steadily.
Contemplation about anything is pretty rare today. When was the last time you spent a considerable amount of time thinking about anything? We live in a fast pace world and we often want tasks or decisions to be resolved even faster.

GIRLFRIEND WISDOM
Find a comfy place and simply "contemplate" on one thing of your choice. It might be a challenge ~ be patient with yourself ~ Give yourself some Grace!

Joy & Blessings, Jody

Girlfriend Wisdom is written and illustrated by Jody Houghton®.
Color files of this writing and artwork are available: www.JodyHoughtonDesigns.etsy.com

Brooksville, Fruitland Park, Lady Lake



Home of "Cutie Packs" and Cutie Patterns

New expanded classroom!
Check out our class listings on our website.

We love handwork at TVQS, too!
We carry wool, Valdani thread, patterns and tools for wool applique. Enjoy our selection of Sashiko threads, patterns, and fabric projects!

Now selling Arrow chairs and sewing cabinets!
Take a seat and try out the fabulous sewing chairs!

2468 US HWY 441, Suite 202
Fruitland Park, FL
Tues-Sat 10-4 352-901-6874
[ShopAnytime at VillageQuiltShop.com](http://ShopAnytimeatVillageQuiltShop.com)
FOLLOW US ON FACEBOOK



Tues-Fri 10am to 4pm
Sat 10am to 3pm

352-796-0011
www.nanasquiltshop.com

18851 Cortez Blvd • Brooksville, FL 34601
*Authorized Brother Dealer
Authorized Brother Service Center*

- Over 2000 Bolts of 100% Cotton Fabrics, Patterns, Books, Notions & much more
- Long-Arm quilting service on-site
- Super low prices on all Brother Sewing & Embroidery Machines
- Check out our website for classes & events

Bring this ad in and receive
20% OFF
Entire Purchase!
*(Excludes machines and service.)
Expires October 31, 2026*



Longarm E2E Full Service and Rentals Available!
Call us for details!

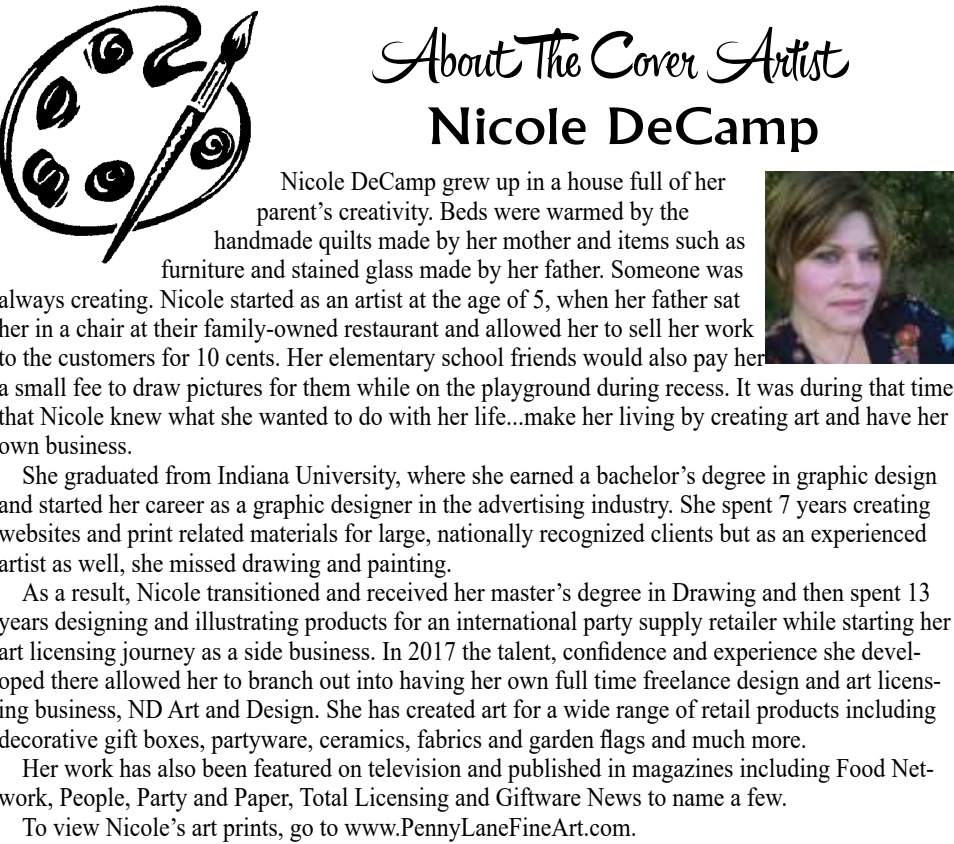
-- We are OPEN Mondays --

Check out our online store & class list at
www.AQuiltingPalette.com

732 S. US Hwy. 27/441
Lady Lake, FL 32159
Mon 12-4, Tues - Sat 9-4
352-751-0405
AQuiltingPalette@gmail.com

2,000 Bolts of Quality Quilting Fabrics & Thread/Notions





Nicole DeCamp grew up in a house full of her parent's creativity. Beds were warmed by the handmade quilts made by her mother and items such as furniture and stained glass made by her father. Someone was always creating. Nicole started as an artist at the age of 5, when her father sat her in a chair at their family-owned restaurant and allowed her to sell her work to the customers for 10 cents. Her elementary school friends would also pay her a small fee to draw pictures for them while on the playground during recess. It was during that time that Nicole knew what she wanted to do with her life...make her living by creating art and have her own business.

She graduated from Indiana University, where she earned a bachelor's degree in graphic design and started her career as a graphic designer in the advertising industry. She spent 7 years creating websites and print related materials for large, nationally recognized clients but as an experienced artist as well, she missed drawing and painting.

As a result, Nicole transitioned and received her master's degree in Drawing and then spent 13 years designing and illustrating products for an international party supply retailer while starting her art licensing journey as a side business. In 2017 the talent, confidence and experience she developed there allowed her to branch out into having her own full time freelance design and art licensing business, ND Art and Design. She has created art for a wide range of retail products including decorative gift boxes, partyware, ceramics, fabrics and garden flags and much more.

Her work has also been featured on television and published in magazines including Food Network, People, Party and Paper, Total Licensing and Giftware News to name a few.

To view Nicole's art prints, go to www.PennyLaneFineArt.com.

The Villages

It’s Easier Than You Think to Cook Your Dishes with a Healthy Kick

by Laura Taylor

I always wonder how I can eat healthier and still enjoy flavorful food that’s easy to make. While doing my research, I realized that a lot of our everyday seasonings and spices have more health benefits than we give them credit. A few even have a storied history behind them. Especially with flu season around the corner, there’s no better time to incorporate simple yet effective spices that will give your immune system an extra boost.

I know vampires will shudder at the thought of it, but garlic is a superfood that is often overlooked, with a variety of different health benefits and healing properties. Garlic is a powerful antioxidant that can help reduce inflammation, strengthen the immune system, prevent diseases and even reduce cholesterol. Even before modern medicine, garlic has played a vital role in overall wellbeing — ancient Greek athletes incorporated garlic into their everyday diet to improve athletic performance. Now, no one is saying that adding an extra tablespoon of garlic to your chicken salad will make you a Greek Olympic athlete, but it has its benefits over time.

Ginger is another spice that packs a healthy punch. It is widely recognized for alleviating nausea, doubling the speed of digestion and reducing muscle pain. It has also been known to support immune response and health. As for its use in ancient times, ginger was valued for its warming properties, routinely used for its health benefits and even utilized as an antidote in some cases of poisoning.

An added bonus about these spices is that you can still get the benefits, whether they are bought whole, diced or even minced. When I’m in a pinch or don’t feel like breaking out every kitchen tool I own, I just use the minced versions. They’re just as good as fresh, with less prep time needed.

As you can tell, I’m all about convenience. Here are two quick, easy recipes that incorporate garlic and ginger to complement the main flavors, adding the benefits without them taking center stage!

Salmon with a Garlic Butter Sauce

- 1 Tbsp Spice World Ready-to-Use Minced Garlic
- 1 (2 lb) whole salmon
- ½ lb fresh green beans, washed and trimmed
- 2 Tbsp olive oil
- Salt and pepper, to taste

- 1 ¼ Tbsp Spice World Ready-to-Use Minced Garlic
- ½ cup of butter, melted
- 1 Tbsp of lemon juice
- ½ tsp dried thyme
- ½ tsp dried rosemary

Instructions

1. Preheat the oven to 400°F and oil a baking sheet.
2. To make the Garlic Butter Sauce, whisk together the butter, lemon juice, Spice World Ready-to-Use Minced Garlic, thyme, and rosemary.

3. Season to taste with salt and pepper. Set the mixture aside.
4. In a separate bowl, sprinkle green beans with olive oil and Spice World Ready-to-Use Minced Garlic. Add salt and pepper to taste.
5. Put the whole salmon and fresh green beans in a single layer on the oiled baking sheet.
6. Take the garlic butter mixture and spread it over the salmon. Place in the oven and bake for 17 minutes or until the salmon flakes easily with a fork.

Hibiscus Ginger Tea

- 1 tsp thinly sliced Spice World Peeled Ginger
- 2 cups of water
- 2 Tbsp dried hibiscus petals
- 1 cinnamon stick (optional)
- 1 Tbsp honey (or to taste)
- Mint sprigs (optional)

Instructions

1. In a small saucepan, bring water, hibiscus petals, ginger, and cinnamon (if using) to a boil.
2. Reduce heat and simmer 5 minutes, then remove from heat.
3. Strain tea into mugs; stir in honey to taste. Serve warm or allow tea to chill and serve over ice with mint sprigs, if desired.

Pro tip: serve over ice and add 2 oz vodka to turn this into a cocktail with a ginger kick!

Visit www.spiceworldinc.com for more recipes and tips!



Christmas is Coming!

Our readers enjoy sharing their favorite holiday recipes and trying new ones. Send your family favorites to be included. recipes@theregisterweb.com
Your name will be included to give you credit.
Thank you!

Leesburg, Mount Dora and Online

FLORIDA SEWING SEW-CIETY Annual Conference

October 5-8, 2026
Lake Yale Baptist Conference Center, Leesburg, FL



Deb Canham
Sergeur Educator

Classes & Workshops

Beach Potato, ITH Projects, Tuffet Class

Visit www.floridasewingsewciety.org
Registration (opens July 1).

Facebook Page:
Florida Sewing Sew-Ciety



Loralie Harris
Embroidery,
fabrics &
more



Jeannie
Miller

What a bargain — \$315 includes:
Room and Board (Double Occupancy) and registration.
Arrive on Monday afternoon for the kickoff dinner.
Lots of door prizes and beautiful project kits await you!



Gary Lee Sligh Fabric Arts

**Check Out Our
One-Day Retreats!**

**1012 W. Main
Leesburg, FL 34748**





Cross Stitch Needlepoint Weaving Custom Framing

Sun & Mon 1-5, Tues 10-5
Wed 10-8, Thur-Sat 10-5 • 352-205-1126
www.garyleesligh.com • gryslgh@yahoo.com



43rd Annual Fantastic Quilt Show

November 13 - 14, 2026

Venetian Center
1 Dozier Circle
Leesburg, FL 34748

**Quilts, Vendors, Boutique,
and More!**

Make Friends. Make Quilts. Make a Difference.

More information at
lakequiltguild.com
Follow us on Facebook
[@Lake County Quilters Guild of Florida](https://www.facebook.com/LakeCountyQuiltersGuild)

FABRIC and EMBROIDERY

By 



www.LoralieDesigns.com



Showcase of Quilts

January 22 & 23, 2027
Friday 9 am - 5 pm; Saturday 9 am – 4 pm

Harmony & Rhapsody

Sea Breeze Recreation Center
2384 Buena Vista Boulevard
The Villages, FL 32162

Rohan Rec Center
850 Kristine Way
The Villages, FL 32163

Quilts and Vendors at each location
More than 350 Quilts on display
Basketmania; Charity Raffle Quilt; Door Prize Drawings

Complimentary Shuttle provided between Recreation Centers
Admission: \$10 each day; free for children under 12
More information at www.qgotv.org



SEW-MINI Things

“It’s where the boys are”

6,000+ Bolts of Quality Fabric
Personalized Fabric Selection Assistance



SEWING, SERGERS AND LONG ARMS

**Come experience the difference of
shopping with the boys & girls.**

**In-Store Shopping, Shop Online,
Store Pick-Up or Shipping Available.**

3820 N HWY 19A
Mount Dora, FL 32757
352-483-0082
www.sewminithings.com

Tues-Sat 10am-4pm
Closed Sun and Mon



WWW.SEWING.NET



Come See Us For All Your Sewing, Embroidery, Quilting & Serging Needs!!

The Most Complete Sewing Store In Florida!

Family Owned For 50+ Years **We Price Match!***

BERNINA
made to create



brother At your side.



- New & Pre-Owned Machines
- Machine Lessons W/ All Machine Purchases
- Sewing Cabinets
- Authorized Babylock, Brother, Janome & Juki Service Center
- Classes: (Sewing, Fashion, Quilting, Embroidery & More!)
- Thousands of bolts of fabric!
- Thousands of notions!
- Friendly & Knowledgeable Staff

 **BERNINA** | **brother** | **JANOME** | **JUKI**



SEWING STUDIO

FABRIC SUPERSTORE

**Orlando: (407) 831-6488**
9605 S US HWY 17/92 MAITLAND, FL 32751
MON. - FRI. 9AM - 7PM | SAT. 9AM - 5PM | SUN. CLOSED

**Lady Lake: (352) 753-0219**
918 BICHARA BLVD LADY LAKE, FL 32159
MON. - SAT. 9AM - 5PM | SUN. CLOSED



DeLand, Deltona

Golden Autumn's Gifts

by Barbara Kalkis

Autumn. At last! I will miss you, Summer, but there's such relief with Autumn's arrival. Finally, I can accept the fact that the five pounds I promised to shed in May will spend the holidays stuck to my hips. That thought frees me to shred my stack of sure-fire weight-loss tips. Also out: the food journal logging diet victories and confessions of eating ice cream swimming in chocolate sauce, walnuts, and whipped cream.

It's also time to say goodbye to every summer salad and chilled soup under the sun which looks scrumptious in magazines and easy-breezy to prepare. One famous chef claimed that she just served salads to guests. Easy-Peasy and everyone loved them. Really? Only if I buy ingredients in a bag and dump them all in a salad bowl. Otherwise, I must cook and chill the pasta, corn, rice, or potatoes, and spend hours slicing, dicing and adding all the other ingredients to make the dinner look effortless, healthy, and – bonus! - slimming. I tried that advice, but two hours later I was still hungry and needed a snack – like ice cream. I enjoyed the forbidden snack by reassuring myself that ice cream provides bone-strengthening healthy calcium, which I noted in my food journal.

In Autumn you can stow your trendy charcuterie boards. Like chilled salads and soups, they, too, are wearisome. You can pile them high with cheeses, meats and veggies that require hours of slicing; add condiments spooned out of jars and placed into cuter containers, deli sausages, salamis and cheeses that must be decorated with olives (black AND green), cherry tomatoes, pickled onions and, oh, don't forget the cracker and bread assortment. By the time I finished with my one-time only charcuterie board, I had loaded three boards and a dozen bowls and was wondering why I just hadn't popped a chicken in the oven with vegetables and called the meal "done".

Now, at last, it's Autumn. My favorite season. Wait. I said that about Spring when I shook off my winter doldrums; Summer when the fresh market vegetables were really fresh; and, flower bouquets were from the garden. Days stretched from early sunrises to late sunsets sparkling with firefly dances and starry skies. Now, before the chill of Winter, Autumn arrives in brilliant color. Out of the closet come the comfy clothes that fit like the summer shorts didn't. In the kitchen, the microwave goes silent. Heavy pans for cooking "serious food" are pulled out of their summer storage in the oven. It's the season to cook. Best of all, it's time for comfort foods like cookies, pies, and cakes.

Autumn is the perfect time for everything from meat to vegetables to cookies and every kind of dessert. We can practice old recipes and try new ones before the holiday season. Magazines, organizations, and even companies enthusiastically support cooking. Wisconsin Energy's Cookie Book has been published continuously since 1928. Pennsylvania cookbooks feature apple crisp, snickerdoodles and Gobs (or whoopie pies). Some states have an official state cookie, pie, or dessert, while provinces promote iconic foods associated with a region. Think about the popular foods where you live. The foods routinely featured and ordered in a café or restaurant are part of a region's cultural signature. For me, there's nothing better than sitting down with a glass of ice-cold milk, a cookie – or 6! – fresh from the oven and watching the sunset. The warmth of something baked in an oven touches the heart in a way that a tossed salad or cold salami never can.

©Barbara Kalkis, 2026. Barbara divides her time between writing, teaching and consulting. She is a terrible cook but appreciates those home chefs who have perfected the art. Reach her at BarbaraKalkis01@gmail.com.



Carol's Quilt SHOP



Your local quilt shop in Deltona!
Come see our curated selection of fabric, patterns, notions and more!

Longarm Quilting Services
Sewing Machine Service & Repair

Justin Square
840 Deltona Blvd, Suite S
Deltona, FL 32725

386-259-4233
www.carolsquiltshop.com

Mon 10-12:30
Tues-Fri 10-5
Sat 10-3



The Florida Register



Visit www.facebook.com/TheFloridaRegister



OCEANS of thread

- Quality Quilting Fabrics, Notions & MORE!
- Computerized & Custom Longarm Services
- Bernina Certified In-House Machine Repairs 27+ yrs. experience!
- Longarm Technician - Certified in Handi Quilter and Bernina



BERNINA

made to create

Learn from
BERNINA Educators
OCT. 1-2-3



Handi Quilter

Learn from
Handi Quilter Educators
OCT. 8-9-10

DeLand's ONLY Quilt Shop & Sewing Store!
1250 State Rd. 15A Suite 4 & 5 DeLand, FL
Tues-Thurs 10-5; Fri-Sat 10-3 386-337-5528 

Longarm Rental and Classes Available.
Check website and shop online!
www.OceansofThread.com



Clermont



Top Stitch Sisters
LONGARM QUILTING SERVICES
COMPUTERIZED EDGE TO EDGE & CUSTOM QUILTING
100'S OF DESIGNS TO CHOOSE FROM!
407-432-6434
@TOPSTITCHSISTERS SRN1005@GMAIL.COM

DROP OFF & PICK UP BY
APPOINTMENT ONLY

BRING IN 2 OR MORE QUILTS IN A
MONTH AND ENTER OUR EXCITING
MONTHLY DRAWING FOR A
CHANCE TO WIN 25% OFF
YOUR NEXT QUILT
PURCHASE!



Black Dog
QUILT SHOP



QUILTERS SELECT

Now Offering
Longarm Services

Tuesday - Friday 10am - 5pm
Saturday 10am - 3 pm

642 W Broome St
Clermont, FL 34711
(352) 932-3226
www.BlackDogQuilt.com

Quilters Anonymous, Inc.
9225 Pine Island Road
Clermont, FL 34711
quiltersanon.com • store@quiltersanon.com

Open Tuesday thru Saturday 10-3
facebook.com/QuiltAnonInc

Moda, Wilmington, Riley
Blake, Andover, 108
"Backing, Thread, Notions,
Patterns, Precuts, and
More!

Over 2000
bolts of fabric!



Becky's ...Quilting & Embroidery Services ...

18215 E. Apshawa Rd. • Clermont, FL 34715
561-262-5597 • blih81761@aol.com

FREE
Pick up
& Delivery
within 20 miles
of Clermont!

Now
Offering
Embroidery
Services!

Long Arm Quilting • Edge-to-Edge • Binding • Memory Quilts
Custom Quilts • Labels • Backing Preparation • And more!

**Competitive Pricing!
VERY Experienced!**
Bernina Q 24 with
computerized Q Matic

10% OFF Longarm Quilting
Expires 10/31/26 New customers only



The Art of Friendship

What would I do? Oh, what would I do,
With a friend, without someone like you?

Without someone to listen, someone to care,
Someone to laugh with, someone to share
The joy of creating, the joy of design,
The intricate balance of color and line,
Art for its own sake, art as technique,
A craft that inspires us week after week.

And tucked in between the joy of our art
Is the silken fiber that ties heart to heart:
Talk of our lives lived day after day,
Weaving new stories as we each find our way;
Knowing our paths are simple and true
Because of friendship with a friend like you.

~Barbara S. B. Kalkis, ©2017
LITTLE DITTIES FOR EVERY DAY©2020

Building Harmony

Taking the Guy Out of Guy Stuff

by Jeff Cappis

Cathy and I live together out in the country and as a result, we spend a fair amount of time together. Even the most loving couples can feel a strain from time to time so I've developed man based rules to keep harmony between us.

I'd like to pass along a little wisdom to the guys out there.

First off: I've learned that women find their husbands' "Guy" stuff annoying. This is the first thing to keep in mind. You must avoid doing guy stuff at all costs.

Snoring - bad. Chewing with your mouth open- bad. Passing wind- bad. Doing all three at the dinner table- really bad. Also, women do not like to play the "pull my finger" game. They don't think it's funny and sometimes even find it annoying.

Luckily, I have a grandson. He thinks it's hilarious. We pull each other's fingers and pass wind. Sometimes we even play it with the dog. Interestingly, my grandmother would never call it "passing wind," she preferred to call it "fluffing."

Note to the dog: If you know what's good for you, you'll quit fluffing so much around Cathy.

Generally speaking, women are more acutely sensitive to smells than we are. Here's an example of how your wife may find your attitude about this offensive.

One day a buddy of mine came out to visit us. He and I were standing around talking about the septic tank and how it works with the septic field. To show him more, I pried open the lid to the tank and was immediately hit with a horrible smell.

"Whoa," I said to my buddy. "Do you want to smell something really bad?"

"What's it like?" He leaned in and got hit with the same wafting smell. "Holy moly. That's bad!" We looked at each other for a moment and I leaned in a bit to just get another sniff. "Yup, bad," I said. Just to be sure, he gave it another sniff. "Yup."

At that moment Cathy stepped outside. "What are you guys doing?"

Now, I should have thought this through but I was just being honest when I said, "We're sniffing the septic tank." Cathy got a kind of disgusted look on her face. It was then that we both realized how stupid this all looked so we began acting like we'd just done something important.

"Yes sir," my friend announced, "Your bio mass looks good from here."

"The tank's structural stability looks good here too," I added so Cathy could hear. Didn't work. Still disgusted, she went inside.

Other crimes against humanity include things like leaving your clothes on the floor, dirty dishes on the counter and talking during her favorite TV show. Especially during the emotional scenes. If you come in to the show late don't ask what's going on. She doesn't want to explain and you should have been there to watch from the beginning. Here's what I do: just yank out a nose hair so your eyes well up and enjoy the emotional movie with her. She'll think you're a sensitive guy.

Please also note: many women also find guy movies a turn off. If it's full of gun fire, guts, swearing, explosions, general mayhem or Sylvester Stallone - it's a turn off. Instead offer to watch a Meryl Streep movie. As long as you don't snore you can nap through it and you'll both be happy.

Man-splaining is also a no-no. In case you've never heard the term, man-splaining is where you try to impress your wife with your knowledge of the world by constantly explaining it to her.

Truth is she already knows. They are smarter than we are. If you doubt this, ask your wife. She will wife-splain it to you. If you're as smart as you think you are, you'll just nod and agree with her.

Also help out with the housework. If she has to vacuum around you as you sit at the table dropping crumbs on the floor, you're probably already in a problem. I know, I know: A clean and orderly house is probably more of a priority for her than it is for you but the rule is: if you mess it up, you clean it up. You'd be surprised at just how much of a mess you can make just by walking across the house.

Moving on: there is an old saying, "If a man washes a plate and no one is there to see him do it, did it really happen?" If I'm doing house work and Cathy isn't around to see me do it, I always do at least one little thing wrong. That way she knows that I actually was doing something around the house. Doing something wrong is less of a crime than being accused of doing nothing at all.

That leads us to the next big point: Do not appear to be lazy. No matter how much you do, your woman will always be worried about you getting lazy. This is probably because at our core, we really are.

One day Cathy went into town to run an errand. When she left I was sitting at the table reading the news. As her car disappeared down the driveway I decided to get busy so I got up and did a bunch of chores around the house. It was a busy couple of hours and I was pleased with myself for how many things I actually got done. I decided to reward myself by relaxing and finishing the news.

That's when Cathy got home. You have to understand that when she left I was sitting at the table reading the news. When she got home I was sitting at the table reading the news. I tried man-splaining my way out of it, but ultimately people only trust what they see. The dog saw me doing chores but apparently he's smarter than I am too. When she asked him what I'd done while she was gone he just licked himself and went to take a nap in another room.

In short, even the most loving couples can feel a strain from time to time so I've developed a sense of how to keep harmony between us - I know who the real boss of the house is and it's not me.

Peace out.

© Jeff Cappis 2026 jeppis@telus.net



Dade City

Quilted Twins

FABRIC WAREHOUSE

Come shop our over 15,000 bolts of fabric!

NAME BRANDS AT \$6.99/yard
Andover • Benartex • Hoffman • Michael Miller
MODA • Northcott • Riley Blake • Jaftex
Timeless Treasures and **LOTS** more!

Quality unbranded at \$5.99/yard
Over 300 bolts of 108" backing fabric at \$14.99/yard
Over 800 bolts of batiks at \$9.99/yard

Shop online 24/7 at QuiltedTwins.com with \$8 shipping nationwide
Tuesdays: 9 am to 2 pm
Thursdays: 10 am to 5:30 pm
Saturdays: 9 am to 3 pm
Other Hours by Appointment

Watch Ken & Rachael Show on FB & YouTube

Plenty of Parking: room for trucks, trailers & RVs.

100's of Half Yard Bundles

200 Bolts of Flannel at \$7.99/yd

VOTED #1 LQS in the USA in the BYANNIE contest!

Come Sew ...in our beautiful sewing shop!
Only \$8.00 per day. Use our:
Accuquilt • Mats • Cutters • Room

Bring up to 8 friends for a fun-filled day with some private shopping at our shop. Call for your day.

Ask about our Monthly Charm Club - where quilt kits are available monthly for under \$40

QuiltedTwins.com • Over 250 Free Patterns on the website
Becky's Quilts & Designs • Rachael's Deals & Finds
Call or Text (352) 507-8458 to schedule your group's outing.
13829 US Hwy 98 Bypass • Dade City, FL 33525 • Just 25 miles north of Tampa
Facebook Group: Quilted Twins — Scrap Quilting and More with Becky
Facebook Page: Quilted Twins — Fabric Deals with Rachael

Rachael's Picks
Over 100 Fabric Families at \$5.99/yd

GIFT CARDS AVAILABLE HERE

Pre-cuts Fat Quarters Fabric Strips

300 Bolts of Kaffe
250 Bolts of Grunge

Come visit our newly opened ROOM 7!



FB LIVE: Quilted Twins Fabric show with Ken and Rachael every Monday and Friday afternoon at 3:30 p.m. Also on YOUTUBE at the same time: Quilted Twins Channel

Lakeland

FABRIC Warehouse

SINGER VIKING PFAFF

OVER 10K BOLTS OF FABRICS!

NOTIONS & PATTERNS

SEWING MACHINE SERVICE

CLASSES & EVENTS

OLDEST FABRIC STORE

EST. 1958

IN FLORIDA EST 1958

CALL FOR WEEKLY SPECIAL

OUR COLLECTION OF RARE FABRICS IS CONTINUALLY EXPANDING AND INCLUDES HARD-TO-FIND OPTIONS.

SCAN ME

WEB f i

FOLLOW US ON SOCIAL MEDIA

863-680-1325

FABRICWAREHOUSEFL@GMAIL.COM

3030 N. FLORIDA AVE LAKELAND, FL 33805

PFAFF

arrow

Husqvarna VIKING

5.00

COUPON

WHEN YOU SPEND \$25 OR MORE IN-STORE USE ONLY

Happy Grandparents Day

Sunday, September 13

Carolyn's

FRAME-UP

& NEEDLEWORK SHOP

Fine Matting & Framing

Art Cross Stitch & Needlepoint

Specializing in

Blanket Baskets

Featuring the

Cross Stitch of

Linda Jeanne

Jenkins

Hours:

2052 E Edgewood Dr. 863-583-4974 Shop Mon-Fri 11:30am-5pm

Lakeland, FL 33803 863-450-9399 Cell Sat 1:30pm-5pm

Closed 9/18-9/20 for Ridge Orchids Show

Free Pattern

For more fun and creative inspiration visit:

www.JacquelynneSteves.com

Jacquelynne Steves

THE ART OF HOME

© Jacquelynne Steves

Free Embroidery Pattern – May not be sold or used for commercial purposes. Use this pattern for embroidery, wool applique, punch needle or rug hooking, painted projects or whatever your imagination can dream up! Reduce or enlarge pattern as desired.

There are only two seasons:
Autumn – & waiting for Autumn.

In

the village store someone says, "I heard the geese go over," & there is a moment of silence. Why this is so moving, I do not know. But all of us feel it.

Gladys Taber

Shhh

went the wind around me, shhh went the leaves. And the church clock rang the hour.

With LOVE from the Heart of the Home & me... Susan Branch

Sept.-Oct., 2026

The Florida Register

Pg.15

Plant City

From Sketch to Stitch:
How the Ashli Quilt Came to Life

By Kathryn LeBlanc

People often ask where quilt ideas come from. Sometimes it's a vintage quilt, a beautiful fabric collection, or a traditional block. Other times, it's something far less expected. In this case...an acrylic lipstick organizer.

One morning, my friend Ashli from Quilt2EndALZ.org sent me a photo and asked, "How would you turn this lipstick case into a quilt block?"

My response? "Challenge accepted."

I started studying the organizer, focusing on its angles and repeating shapes rather than its purpose. Before long,

I was sketching ideas in EQ8 (Electric Quilt 8), where those clear acrylic compartments evolved into rows of colored squares set on point, and connected by sashing & corner stones, to create a striking lattice design.

One idea led to another, and before I knew it, an entirely new quilt had emerged. With Ashli's blessing—and because she inspired the challenge—it was only fitting to name the finished pattern Ashli.

One of the things I love most about quilt design is that inspiration can come from almost anywhere: a tile floor, a garden gate, the shadow cast by a staircase—or, in this case, a lipstick organizer. As quilt designers, we learn to look beyond what an object is and instead see the shapes, lines, and patterns hidden within it.

The next time something catches your eye, take a second look. You never know—it just might become your next creative project.

These photos show the journey from: the original lipstick organizer, to the digital EQ8 design, to the finished Ashli quilt. The link to the printed quilt pattern is here: <https://authorkathrynmykel.com/store/ashli-printed-pattern/>

Kathryn LeBlanc (also known as best-selling author, Kathryn Mykel) is a creative force in the quilting world. A talented pattern designer and storyteller, she blends her passion for textiles with her love of mystery and heartwarming tales. Through both her sewing patterns and fiction novels, Kathryn inspires quilters and readers alike to embrace creativity, community, and connection. www.quiltandsandfiction.com www.facebook.com/DragonflySewingDesignStudio/ www.instagram.com/dragonflyquiltingdesignstudio/ Newsletter: <https://authorkathrynmykel.myflodesk.com/magazinequilters>

Back Porch Break

by Nancy Brummett

Falling Afresh

It's been 60 years since I spent all day every day in a school building. And yet when September rolls around I get that "first day of school" excitement all over again. To me, September feels more like the time for a fresh start than January ever does. I have to rein in my shopping excursions this time of year, however, because I have a real weakness for new pencils and pens, lined notebooks, and everything else stores set out in their back-to-school displays. I'm still enjoying a purple folio I bought one year because...well, because it was purple with a purple legal pad inside. Who could resist?

Beyond the back-to-school feeling, however, are all the refreshing signs of change. My Virginia Creeper begins to take on shades of orange and gold. The tips of the leaves on the red maple behind our house hint at the bright ruby brilliance soon to come. And there's always that one day in the fall when the light becomes noticeably different. Rather than the sun beaming down with a harsh glare, a more peaceful, golden light descends upon our world. Such a beautiful and peaceful change.

And don't we need this season to recover from the hectic pace of summer and restore our souls to prepare for the winter to come? Maybe it's because we remember the chilling winds and icy roads winter brings that we savor every golden September day. Autumn days are just too precious and fleeting to spend them holding on to summer or fearing what's to come. Rather they bring an opportunity to take a deep breath or two, clip the last of the roses to bring in the house, and curl up on the back porch with a light blanket and a good book.

We hear a lot about New Year's resolutions in January, but fall is an even better time to reflect on the months of the year behind us and embrace changes that refresh us before we head in to the holiday season. If you find joy in decluttering your office or culling clothes from your closet, fall's the time to do it. If you want to replace the grab-and-go meals of summer with some hearty stews and soups or pumpkin-flavored everything, now's the time. Refresh family menus with some new recipes from those seldom opened cookbooks!

A praise hymn by Daniel Iverson contains the lyric, "Spirit of the Living God, fall afresh on me." I want to be still long enough this fall season to feel the renewal of the Spirit within me. Then I'll have a chance of falling afresh in to the new season with joy and hope.

Nancy Parker Brummett is an author and freelance writer in Colorado Springs, CO. Follow her on Facebook, Instagram and Linked In or subscribe to her blog posts at www.nancyparkerbrummett.com.

Inspire!

Quilting Sewing

Authorized Brother, Bernina & Babylock Dealer

and Service Center • AccuQuilt and OESD Dealer

Kimberbell • Arrow Kangaroo Sewing Cabinets

Tilda Fabrics • Stacie SewNSew

brother

at your side

baby lock

FOR THE LOVE OF SEWING

BERNINA

made to create

KANGAROO

sewing furniture

arrow

classic sewing furniture

101 N Collins St., Plant City, FL 813-588-3478

inspirefabrics.com REGULAR SHOP HRS: Mon. - Sat. 10-4; Sun. Closed

Ft. Meade, Lake Wales, Winter Haven



Fabric • Notions • Machines
Everything Sewing
Related!
www.FarmGirlQuilting.com

Check our Website for
Upcoming Classes!

3042 Doc Lindsey Rd. • Fort Meade, FL
863-209-6643 Like us on Facebook!
Tues, Wed, Fri 10-4 Thurs 10-8 Sat 10-2



Writing From Life

by Jeanette Lukowski



Focused on Fun

For a number of years now, my grown son has made jokes about our different approaches to life. He describes us as being two different kinds of birds in the same flock: I am the focused goose at the front of the “V,” fighting the windshear every mile--while he is the “relaxed” goose, riding the lift. In the “work smarter, not harder” ideology of his younger generation, he challenges me to enjoy the ride rather than fight through negotiations.

The adjustment has been challenging, but I’m already beginning to see some improvements in my physical health and mental outlook since I started down this path! All because I’m trying to focus more on “fun” and smiles now!

First, I attended a class on Color Theory held at a quilt shop. Such a great outing! Part of my course fee included my very own color wheel—while the other part introduced me to the woman who explained what it all means in relation to selecting quilting fabrics. Well worth both the time, and the course fee, in my humble opinion.

While we waited for the class to start, I had the opportunity to chat with a fellow classmate. She talked about how she meets her son for lunch every Friday, followed by a variety of classes offered at the quilt store in which we were sitting. How fun! I still work, but she planted the seed: Regular meal visits with family members!

After that, the rewards began quickly accumulating. A lunch-date with my mother, sister, and two others; a comedy show with my son and two of his



Welcome to the Newest Fabric Shop in Polk County!

Fabric - Notions - Patterns - Classes
Learn to: Sew | Quilt | Embroider
Summer Classes Happening Now
Visit website for more information

Now a Kimberbell Certified Shop

Show coupon for \$5 OFF a purchase of \$30

249 E. Stuart Ave.
Lake Wales, FL

Shop Hours
M, W, Th, F, Sa 10-3
Tues 10-8
Sun Closed

863.223.8070



www.SewCreativeFabricsandMore.com



friends, followed by dinner out; my granddaughter’s after-school dance program (which ironically ended 15 minutes after it started), followed by dinner out; two Sunday drives with my son to orchestral concerts in towns an hour’s drive away, followed by dinners out.

And then this afternoon, the postal clerk and I shared such an exchange of giggles over a package I was mailing to a friend in another state, because it sounded like a set of maracas clicking away in the cardboard box! “Is it anything fragile?” she asked.

“No, they are just empty wooden thread spools. I am sharing them with my friend, because she is a wood carver. I forgot to take them when I went to visit her last summer, so I’m just mailing them to her now,” I explained.

That’s when we both acquired the giggle-bug. What might the other postal employees who handled the package along its journey think about the sound they would hear coming out of the box? What other unusual—or funny—things do people mail to others? What will my friend think when she retrieves the package from the post office? Or, if porch-pirates snag it—and think they have acquired something really cool? What if someone thinks the contents got broken during the shipping process? Such a lovely random Wednesday.

Smiles are free, and my blood pressure might be lowering.

© Jeanette Lukowski 2025. Jeanette is a mother, grandmother, teacher, and author who lives in Alexandria, MN. She is inspired by the lives of strong women. Her email address is: writingfromlife@yahoo.com

Lake Placid, Sebring



Where Creativity Comes Together

Fabric • Notions • Classes

Janome Sales & Service
• Longarm Services

JOIN US LIVE
EVERY WEDNESDAY
AT 7 PM
Watch on Facebook & Instagram



13221 US Hwy 98
Sebring, FL 33876
863-658-2148
www.craftyquiltersfl.com

New fabric, weekly specials
& plenty of inspiration!

Highlands County Quilt Guild’s
KALEIDOSCOPE OF COLOR QUILT SHOW
Feb. 5 & 6 • 10-4 • \$10/day
• **GENESIS CENTER** •
First Presbyterian Church of Lake Placid • 218 E. Bellevue • Lake Placid, FL
100+ Quilts, Vendors, Boutique, Crafters, Demos, Basket Mania
• **Queen Size Kaleidoscope of Color Opportunity Quilt** •
Email: hcqg.sebring@gmail.com for info. Facebook: HC Quilt Guild

www.TheQuiltedDragonflyLLC.com

Join us LIVE Mondays at 7:30 PM
on Facebook

Discover New Fabrics, Nifty Notions and Weekly Deals!

Offering 5 Retreats per Year in Sebring, FL



2243 Pinewood Blvd.
Sebring, FL 33870
863-214-0793
Cheryl Green, Owner





Share Your Copy
of the
The Florida Register
with a friend!

Your Quilting & Sewing Destination!



Heartfelt Quilting & Sewing

Fabrics • Classes
Books • Patterns
Sewing Machines
Sales & Service
Longarm Quilting Machines

Come Sew with Us!
Learn to sew from beginner
friendly projects & beyond.

**1120 6th St. SW
Winter Haven, FL**

www.heartfeltquilting.com



Handi Quilter

JANOME

25% OFF one item
including in stock
Janome Sewing Machines!

863-299-3080
Tues Noon-6; Wed-Fri 10-4; Sat 10-3
After Oct 1: Tues 10-7; Wed-Sat 10-4



PATRICIA ROBERTS &
AMY CUMMINGS, OWNERS

Meg’s Quilt Cottage

Great Monthly Specials!
September:
Get ready for National Jellyroll Day!
ALL Jellyrolls & Strips 25% OFF!
October:
ALL Books & Patterns 25% OFF!

SHOP OUR NEW WEBSITE ANYTIME!
MegsQuiltCottage.com
Shop for Fabric, Pre-Cuts, Patterns,
Books, Notions, Kits and our Sale Section
Free Shipping on orders \$100+

3,000+ Bolts in Stock
Moda, Northcott, QT, Blank,
Free Spirit, Michael Miller & more!
2 Computerized Handi-Quilters
Providing Long Arm Services

In our new space we now offer:
• **MORE Fabric!** • **MORE Notions!**
• **MORE Clearance!**



1222 Josephine Ct. • Sebring, FL 33875
HOURS: Mon-Sat 9-2 • 919-603-4680
Find us on  Meg’s Custom Quilting

Scrap & Sew

16541 Pointe Village Dr. • Suite 108 • Lutz, FL
(Conveniently located near the Suncoast Pkwy & S.R. 54)

M-F 10-6 SAT. 10-5 • 813-749-0888 • www.scrapandsew.com

Shop Our Website

PFAFF
GOLD PARTNER
AUTHORIZED DEALER

Husqvarna **VIKING**

#1 Dealership in Southern US!
Sewing Machine Sales & Service

FLORIAN
HORN
American Collection
Made in USA

PFAFF
creative icon™ 3
sewing and embroidery machine

Arriving Fall 2026

Preorder Yours Today!

Husqvarna **VIKING**

NOW AVAILABLE
THE NEW TOP-OF-THE-LINE

Designer Epic 3
Nordic Frost Edition
Sewing & Embroidery Machine

husqvarnaviking.com

Repair Service Available on Most Machine Brands!
PFAFF and Viking Certified Technician.
Call for appt. today!

Expression 715

Amber Air S600

Onyx 30

Expression 725

Quilt Ambition 635

Husqvarna Viking Designer Topaz 65 and Topaz 550

**Quality Quilt Shop Fabrics
Notions & Patterns
Classes / Private Lessons
Embroidery Software
Software Training & Online Store**

**PFAFF Creative Icon 3 Event!
October 29 & 30**

*Be part of this special
PFAFF Creative Icon 3 Event
with Karen Charles at the
Mariott Residence Inn,
Northpoint Parkway.
Registration is limited!
Call now for details.*

**Your All-In-One
Resource for Sewing,
Embroidery, Quilting,
and Craft Cutting!**

creativate™
*Your Complete APP for Sewing,
Embroidery, Crafting, and Quilting.
Monthly or Yearly Subscriptions. Get
started with your 30-day risk-free trial
today - just scan the QR code!*

**PFAFF
Creative Icon 2**

Clearwater, Palm Harbor, St. Petersburg, Tampa

Fabric Smart

St. Petersburg's only Full Service Fabric Center. Featuring Premium Quality Artistic Quilting Cottons and Fashionable Apparel Fabrics for our Florida Lifestyle!

Serving our Beautifully Diverse Creative Community with Expertise and Kindness!

Buttons • Notions
Special Orders Welcome!

Professional Service with a Smile!
6798 Crosswinds Drive N., Suite C101
727-914-8850 St. Petersburg, FL 33710
Easy access from I-275, Exit for 22nd Ave. N. & go west, one block S. of Tyrone Mall

Also shop online - [etsy.com/shop/fabricsmart](https://www.etsy.com/shop/fabricsmart)

Mon-Thur 10 am to 5 pm | Fri 10 am to 7:30 pm | Sat 10 am to 5 pm | Sun Noon to 5 pm

New Selection of Premium Quilting Fabrics and Notions designed for artisans!

South Tampa Trading Co.
Tampa premier costume location for 12 years

Let us create your ideal custom costume!

We stock EVERY costume accessory:
Fabric • Trims • Buttons • Throw Beads
• Tampa-themed Gifts & Distinctive Jewelry and Bags

Preparing for Gasparilla or working on a quilt - start at South Tampa Trading Co.!

1906 North Armenia Ave. Suite 121 • Tampa, FL
Tues-Fri 11-5 Sat 11-4 (813) 831-7882
www.southtampatradingco.com

New Source for Fabric (and more) in Tampa

Tampa has a new source for fabric, trim, notions and even classes! After more than a decade in business, South Tampa Trading Co has moved to a new location and greatly expanded their selection of fabrics including quilting cottons to their fantastic assortment of silks, brocades and taffeta.

South Tampa Trading Co. began as a costume and gift shop, focusing on the pirates who prowled Tampa's streets every year during Gasparilla and the crowds who love to be part of the show. The shop features Tampa themed gifts, unique jewelry, throw beads, costumes, hats, feathers, fabrics and trims. More than 400 costumes are created each year by incredibly dedicated sewists.

It was conversations with her team of sewists that led owner Anne Bartlett to refine the focus of her unique business. "We have found that so very few people know how to even sew on a button much less create a garment, and we really wanted to pass on our heritage skills. We don't want sewing to end with our generation," said Bartlett. They have put together a calendar with a wide range of classes—from beginning instruction to advanced quilting classes, taught by local favorite teachers.

The closure of national sewing centers also left a void in the Tampa Community that locally owned stores are filling. Moving to a new location meant Bartlett could expand her fabric selections and give sewists a place to browse and touch the fabrics, something important to her as well. "I like to feel the weight in my hand, and colors are impossible to match online. Our new store has these fabulous windows which make color

matching a dream," said Bartlett. Being part of a building that has historical significance was also a draw for Bartlett. "We found a space in an old Cigar Factory. The second and third floors are filled with Maker's Lofts --artists, photographers, bloggers, designers—and the energy is so great!"

The building is still a work in progress, but Bartlett feels the move and the change in assortments came at a good time. "I come from a family of quilters. My Grandmother and Great Grandmother made beautiful handmade quilts. I am in awe of the incredible talents and the vision of some of these quilters, the things they make are just so fantastic. But mostly I love listening to the quilting classes and hearing the laughter and knowledge being shared. It is such a wonderful way to feel connected to our community."

South Tampa Trading Co. is open Tuesday-Friday 11-5 and Saturdays 11-4. Their address is 1906 North Armenia Ave, Tampa, FL 33607, and is located between Spruce and Chestnut Street.

Please stop by and let Anne know you read about her expanded business in *The Florida Register*.

The Register has several opportunities for individuals interested in sales and publishing in several choice eastern states. If you have considered being your own boss and helping businesses grow their sales, send us an email to receive all of the details.

betheboss@theregisterweb.com

Experience is not required. Remote, professional design help is available should you prefer to concentrate on sales.

CREATIVE CRAFTS GUILD
Presents
THE 2026 ANNUAL ARTS & CRAFTS
Holiday Show

Friday, November 20th
9am to 3pm
Saturday, November 21st
9am to 3pm

The Lutheran Church of The Resurrection
1555 Windmill Point Rd.
Palm Harbor, FL 34685

Free Admission and Parking
Handmade Crafts Inside & Outside
Refreshments Available for Purchase
Please bring a canned food item for donation to the community

Follow us at: facebook.com/Creativecraftsguild
For Vendor Information contact
jerry@verson.net or
[vrv2741@gmail.com](tel:727416@gmail.com)

Come see Marian and Leslie at Rainbow's End!
Classes • Notions • Beautiful Fabrics • And So Much More!

Rainbow's End
1060 Kapp Drive, Clearwater, FL • 727-733-8572

Follow us on:
[f](https://facebook.com/RainbowsEndQuilting) [i](https://instagram.com/RainbowsEndQuilting) [y](https://youtube.com/RainbowsEndQuilting)

RainbowsEndQuilting
See fun videos, beautiful fabrics & show-and-tells!

Pieces From My Heart

by Jan Keller

Brittle with a Bite!

Pistachios. Is there a more delicious nut? There are pistachio groves near Alamogordo, New Mexico, and each time I'm in the area, I'm tempted to stop to buy some at the producer's retail outlets. Recently my friend Maryann, who lives in Alamogordo, came for a weekend visit. As an extra-special treat, she brought some raw pistachios as a gift. Immediately, I had brittle on my brain!

It was about a month before I got out my heavy candy-makin' pan and assembled the necessary ingredients. I had researched via internet and found three recipes of special interest. After careful review of the ingredients and directions, I took elements from each recipe and concocted my own.

One of the recipes talked of stretching the brittle as it was barely cooling. My friend Norma stretches and pulls her peanut brittle and I know it's a highly coveted holiday treat. I love it. It was a no-brainer the stretching recipe was destined to become my primary recipe. Based on the other two recipes, I decided I would add cream of tartar and cinnamon, as well as a couple of spices to give that special bite.

In no time brittle was cooked and it was time for the stretching. My sister-in-law Connie was visiting. I recruited her help to pull sections of candy until it took on an iridescent sheen. After quickly re-buttering our fingers, we'd move on to another barely-touchable glob of the molten goo and repeat the process.

Everyone who's tasted the brittle has raved, so, from one nut to another, I'm pleased to share the recipe with you. Warning: this may be addicting!

JAN'S BRITTLE WITH A BITE

2 cups sugar	1 cup light Karo syrup
½ cup water	2 cups pistachios
¼ teaspoon salt	¼ teaspoon cream of tartar
½ teaspoon vanilla	1 tablespoon butter
½ teaspoon cayenne pepper	½ teaspoon chili powder
½ teaspoon Tabasco sauce	1 tablespoon baking soda

In a large heavy pan, combine sugar, Karo syrup and water. Boil this mixture until it reaches 238 degrees on a candy thermometer. Then add pistachios, salt and cream of tartar. Continue to cook, stirring frequently. When the boiling mixture reaches 290 degrees—hard crack—remove the pan from the burner and add vanilla, butter, cayenne pepper, chili powder and Tabasco sauce. Quickly stir together then add baking soda. Mix well and, working quickly, pour out onto a couple of

buttered cookie sheets. Spread with a spoon. Beginning with the outer edges, with well-buttered fingers begin to pull and stretch until it's very thin and a section breaks away. It's a good idea to have a sheet of foil where you can put the pulled pieces of candy. When well-cooled, store in airtight containers or sealed plastic bags. The pistachios in this recipe could also be substituted with peanuts, cashews, or any desired combination of nuts. Good stuff—and when pulled thin, not hard on teeth.

©2026 Jan Keller No reprint without permission Jan shares other pieces of her life in her books, *Pieces From My Crazy Quilt*, and *The Tie That Binds*. These books can be ordered by calling 719-866-8570, or writing: Black Sheep Books, 11250 Glen Canyon Drive, Peyton, CO 80831

Englewood, Naples,
North Fort Myers, Port Charlotte, Punta Gorda



**White Daisy
QUILT SHOP**

Fabric | Notions | Kits | Classes | Tours

Mon-Fri 10-5 | Sat 9-3 | 941-347-8189

thewhitedaisyquiltshop.com

Towles Plaza | 2705 Tamiami Trail | Punta Gorda, FL 33950

Ask during your visit or check our website for class
schedules, events and to sign up for our newsletter!



**Castle Creek
FIBER STUDIO**

We're So
Much More
than a
Yarn Shop!

Wide Selection of Fiber Arts Materials
for Knitting, Weaving & Crocheting
Tools • Patterns • Classes • Events

Let our friendly, knowledgeable staff
help you with your next fiber project!

Sugden Park Plaza
4270 Tamiami Trail E • Suite 10
Naples, FL
239-793-8141
Mon-Fri 11-5, Sat 11-4

Bring this ad for
20% OFF your purchase!



Charlotte Sewing Studio
My Favorite Sewing Store!

PFAFF **Husqvarna** **VIKING** **BERNINA**

1109 Tamiami Trail
Port Charlotte, Florida 33953
941.235.3555 • www.CharlotteSewingStudio.com
Hours: Mon-Fri 9:30am to 5pm & Sat 9:30am to 3pm

**Charlotte Sewing Studio is proud to be a
Singer, Pfaff, BERNINA and Husqvarna Viking
dealer offering machine sales & service.**

- Large selection of sewing accessories, notions, quilting and garment fabric. Over 2000 bolts of fabric in stock.
- Certified service center, with experienced technicians who work on all makes & models.
- Offering extensive guide classes, along with creative project classes.
- Large variety of classes, taught by outstanding education specialists, that are designed to be informative, fun and easy!
- We share tips that will increase your sewing success, along with helpful hints and suggestions to spark your creativity!

Fabric by Moda, Hoffman, Benartex, Timeless Treasures, Andover, Island Batik, South Sea Imports & More

Sewing Notions & Clubs

Classes: Sewing, Quilting, Machines, Specialty, Software, Garment Construction and others

Sewing Machine Repairs by Service Appointments

Now offering Longarm Quilting Services

Thank you for voting us The Best Sewing Studio in Charlotte County!



**PJ's
QUILT
LONGARM STUDIO**

Your Full Service Quilt Shop with a
fabulous selection of
Quilting Fabric, Patterns, Books,
Notions, Threads and
Longarm Quilting Service!

239-995-0045
3323 N. Key Dr. Unit 1-6, 8
North Fort Myers, FL
Sept Hours: Mon-Sat 10-4
Oct Hours: Mon-Sat 10-5

BERNINA
made to create

PJ's Quilt and Longarm Studio
www.pjsquiltandlongarmstudio.com



CEDAR VALLEY CRAFTS
Handmade with Heart

**Englewood's ONLY
Quilt & Fabric Shop!**

- Over 1800 fabric bolts in store
- New arrivals weekly
- Kits and Projects
- Professional Quilt Finishing

232 N. Indiana Ave., Englewood, FL

Mon 10-3, Tues-Fri 10-6, Sat 10-3, Sun Closed
941-681-2313

www.cedarvalleycrafts.com
cedarvalleycraftsFL@gmail.com

Quilting Retreat House

SWFL only Private Retreat House. Relax, craft at your leisure with your closest friends.

Courtesy of Naples Scrappers

Crafting Space with twelve tables/Chairs

Full Kitchen / Dining Room

3 bedrooms/2 bath sleeps 12

Swim Spa/Hot Tub: Bring suits and favorite beverages

Ponds/Canal—birds eye view

Lots of amenities: cutting table, cuttlebug, ribbon, paper and more

Owners Becky and Jerry

Certified Massage therapist available with advance notice.

www.floridacraftretreat.com

Punta Gorda, FL

Reservations:
361-739-8875

Email:
Jerry@floridacraftretreat.com

KISSed Quilts

Design Ideas Sometimes Need to Percolate for...20 Years?

When presented with the new fabric collection from Frond Studios - Bells of Ireland distributed by Northcott, I immediately remembered a block design that I developed over 20 years ago. I fortunately found it in an old file cabinet and worked on creating it in Electric Quilt 8 to start playing with it on a larger scale – an entire quilt.

This collection has a beautiful canvas panel for bag making and a couple of different large print running yardage SKUs, but I chose to focus on the more color saturated SKUs combined in a way to make this beautiful Tartan—fussy cutting the printed tartan for the border.

This *On Point Plaid* pattern and the Bells of Ireland collection of fabrics are shipping to your local quilt shop now. If you need patterns, templates, fabrics and/or kits—please ask!

The possibilities for this pattern are endless. Find your favorite plaid color combination, a family tartan, one that works with your personal aesthetic or dream up your own.

I've written the pattern in such a way that you are making strata sets and then cutting and reassembling the entire block and the pieced setting triangles. The key is to get your color placement of the block correct so that with the sashings, cornerstones and the blocks it makes a continuous plaid.

Marlene Oddie, of Grand Conlee, WA, is an engineer by training, a project manager by profession, and a quilter by passion. At her quilt shop, KISSed Quilts, she quilts for hire on a Gammill Optimum Plus and especially enjoys designing quilts and helping create meaningful keepsakes. Fabrics, patterns, kits, and templates are available at kissedquilts.com. Follow Marlene's adventures on Facebook and Instagram.

Jacksonville, Orange Park



**Cinnamon's
Quilt Shoppe**
www.cinnamonsquilts.com

BERNINA
AUTHORIZED DEALER

Serving our quilting community from
TWO great locations!

4220 Hood Road
Jacksonville, FL 32257
(904) 374-0532

Mon-Thu 10am-5pm
Fri-Sat 10am-4pm
Sun 12:30-4pm

8358 Point Meadows Drive
Jacksonville, FL 32256
(904) 519-7705

Mon-Sat 10am-5pm
CLOSED Sunday

CINNAMON'S OFFERS:

- QUILTING FABRIC
- GARMENT FABRIC
- WIDE BACKINGS
- QUILT & PROJECT KITS
- NOTIONS
- WOOL
- CROSS STITCH
- CLASSES
- BERNINA MACHINES
- HORN FURNITURE
- LONGARM RENTAL
- QUILTING SERVICE
- MACHINE SERVICE
- AND MUCH MORE!

Follow us on social media for all the
latest arrivals and updates!



**Lulu's
Collars**

MADE WITH heart.
MADE FOR your pet.

More than collars...
It's about celebration, connection,
and creating special moments
with the pets we love.

- ♥ COMFORT They'll love to wear.
- ♥ QUALITY Made to last.
- ♥ STYLE Look amazing.
- ♥ CUSTOM FIT Because every pet is unique.

COLLARS • HARNESSES • LEASHES • BOWS & MORE
For everyday adventures & life's special occasions!

SHOP SMALL Thank you for supporting handmade! luluscollars.com

Quiltfest is Coming!
September 17 to 19, 2026

Start planning now to attend Quiltfest 2026! Or give your quilt a chance at winning a cash prize up to \$300. **Quilt registration is from April 1 to July 30 with quilts due the first week in September.** Plenty of time to get your pet project done!

Discounted bus and group rates are available. See details on the Quiltfest website.

**QUILTFEST
JACKSONVILLE**

Quiltfestjax.com
FB @quiltfestjax
IG @quiltfestjax

Prime F. Osborne Convention Center
1000 Water St, Jacksonville, FL

400+ Quilts — 50+ Vendors
Prizes—Boutique—Silent Auction—
Demonstrations—Kids Sewing Area

**GIVE PIECE
A CHANCE**



Show us your finished projects!

Send us your photos of a completed project for a chance to be featured in an upcoming issue of The Register!

Project photos & details can be digitally submitted to: amy@theregisterweb.com. Or mailed to: The Register, PO Box 2419, Cumming, GA 30028



CALICO STATION
We create fun

**North Florida's Largest
Baby Lock Retailer!**
Authorized Repair Center

• 20% OFF ALL FABRIC!
• Sewing Furniture

**baby lock**
FOR THE LOVE OF SEWING

**brother**
at your side

Quilting Services
*Custom/Computerized
Over 500+ Designs!*

Certified Baby Lock & Brother Technicians on Staff
Authorized Dealer for: Baby Lock • Brother • OESD

**ARROW** **baby lock** **KANGAROO**
sewing furniture **brother**
at your side **OESD**

1857 Wells Rd. • Orange Park, FL 32073 • 904-269-6911
info@calicostation.com • www.calicostation.com

Hours: Sunday 12-4 • Mon Closed • Tuesday - Saturday 10-5

Edgewater, Holly Hill plus Shop Hop

— 2027 —

NORTH FLORIDA

Shop Hop

Home Tweet Home

JANUARY
16 - 23
2027

FABRIC
FRIENDS
FUN

VISIT 9 QUILT SHOPS
ACROSS NORTH FLORIDA!
Collect exclusive quilt blocks,
enjoy special savings
and win amazing prizes!

GRAND PRIZE!
Win a Baby Lock
Brilliant
SEWING MACHINE!

9 SHOPS • 9 BLOCKS • BIG PRIZES

FOLLOW US ON
FACEBOOK

PASSPORT PRICING

\$8 EARLY BIRD
through Dec. 31, 2026

\$10 BEGINNING
Jan. 1, 2027

NEW!
COLLECTIBLE PIN!
First 25
passports include
a free collectible
enamel pin.

Shop Hop

Join the fun!

Seaside Sewing & Quilts

Offering long arm services,
stock fabrics and notions
to make your quilt life
more enjoyable.

3693 S. US Hwy 1 • Edgewater, FL 32141
Tues-Fri 10-2

386-402-8995 • www.seasidesewingandquilts.com

By the Yard®

© 2026 Jennifer Lopez

DID YOU GO TO
THE GYM TODAY?

NO, BUT I GOT ALL
MY STEPS IN AT
THE QUILT SHOP!

www.byttheyardcomics.com

Melbourne, Sebastian

Discover Free Motion
Ruler-Work with
Donelle McAdams
of Sew Steady in an
All-Day Elevate
Workshop.

SEPT. 17-18-19

Sept. 17: Lecture and Trunk
Show

Sept. 18: Try Q&L's Janome
machine with the ASR
Stitch Regulator! Trunk
show in the evening

Sept. 19: Try Q&L's Brother
or BabyLock machine
with the StitchSync
Regulation!

Call for details or
visit our website
quiltsandlace.com

Specials & fun patterns for
National Sew a Jelly Roll Day

SEPT. 19

SEPT. 19

Stitch Nation with Baby Lock
sergers! Peggy Sagers will show-
case techniques for garments on
the Baby Lock Sergers.

KIMBERBELL®
THE StITCHING HOUR
TWO-DAY EVENT

Two
Spooktacular Days!

SEPT.
25 & 26

Virtual or
in-person

OCT. 9-10

Explore the fun in the top-of-the-line
Janome CM17 sewing and embroidery
machine by taking the Creativity HD class.
A Janome instructor will lead us to success
in creativity with a beautiful wall hanging.

Mrs. Claus'
BAKERY

OCT. 17

Learn a
variety of
"Merry" stitches!

JANOME

brother

at your side

baby lock

FOR THE LOVE OF SEWING

12
9
6
3
Sweet Time
Quilting

11638 US 1 • Sebastian, FL 32958

772-388-1700

Mon - Fri 9 - 4 • Sat 9 - 3

sweettimequilting.com

quilts and lace

where it's always a... Sweet Time Quilting

7720 N. Wickham Rd. Suite 111 Melbourne, FL 32940

321-622-8602 quiltsandlace.com

Mon, Wed- Fri 10 - 5 Tues 10 - 7 • Sat 10 - 4



The Sew 'N Quilt Co.

• Long Arm Machine Quilting Services

• Beautiful Selection of Batiks

• Classes

Visit Our Booth at the Jax Quiltfest
Sept 17-19! We will be showing
Viking Machines in Booth 1408.

New: We are
now part of
Mystery Five-O!

1585 N. Nova Rd
Holly Hill, FL 32117

Less than 4 miles off I-95
Quilters' Bus Tours Welcomed

Mon-Fri 10-5 • Sat 10-3
386-310-7070

SHOP ONLINE ANYTIME AT
www.thesewnquiltco.com

3,700 sq. ft. filled with
3,100+ Bolts of Quality Fabric!

Hoop Sisters KIMBERBELL® OESD™

We're Your Authorized Dealer for:

Husqvarna VIKING baby lock PFAFF

Sew Steady Westalee DESIGN

arrow KANGAROO sewing furniture

A Nice Remembrance
Twenty Years Later

by Kerri Habben Bosman

As I was contemplating ideas for this autumn article, two things happened.

First, I dreamt of my grandmother, who passed away twenty years ago on September 6th. Even though I feel her with me every day, I almost never dream of her. Second, I went to the doctor for my annual wellness check. I came away from both these events with gratitude and a renewed awareness of all my grandmother gave me.

In my recent dream my grandmother was as she was towards the very end of her 99 years. While she passed away at the hospital, in this manifestation she was resting in her bed at the assisted living facility. We were holding hands, gazing steadily at one another. Even as I realized she was dying, I also had that surreal feeling when you know you are in a dream. I made a semiconscious decision to not awaken, so that I could fully feel her essence longer.

I was alone with my grandmother when she died in 2006. Outside of gradual aging in her 90's, she was fortunate to enjoy good health (save for elevated blood pressure and high cholesterol) until 99 ½. Then she developed aplastic anemia, wherein her white blood cells and platelets stopped working. It was, at least, a peaceful way for her to leave this world behind. I sang hymns to her at the last. She stopped breathing during Amazing Grace, as I sang the line, "and grace shall lead me home." Even now if I unexpectedly hear that hymn, tears overtake my eyes.

When I was nine months old, I started calling my grandmother, "Huba." I said it with a short "u" sound. She embraced my nickname for her, and throughout the years she became "Huba" to my friends and even adults who came into her life.

Huba made the best mashed potatoes in the world. "I beat the hell out of them," she used to say as a genuinely sweet smile emerged. Every time I mash potatoes, I hear her voice.

She crocheted from the time she was eight years old, making beautiful and warm things that turn houses into homes. Over her 91 years of needlework, she gave much of what she made away to family, friends, and to those in need. One of her favorite phrases as she grew older and older was, "it will be a nice remembrance."

I was nine when she taught me how to crochet. Therefore, Huba is in everything that I make. She taught me how to give with an open heart, so I, too, give away much of my crocheting. My work is her living legacy.

Huba cared for her husband and her sister through long illnesses when they were both in wheelchairs, and she never lost her joyful and playful spirit. Somehow she always had more to give.

Which brings me to my doctor's visit. Huba does indeed have more to give, even after two decades. All of the tests they did were normal, save for my cholesterol level. I learned that I have her high blood pressure. Though I suppose I should be a responsible adult and claim it as my own. No medication at this point, but a check-up in six months.

After a few internet searches, I see many breakfasts of oatmeal and refreshing drinks of green tea in my future. As well as more walks than I usually enjoy around the neighborhood. Thankfully, I read that nearly everything I like to eat, including potatoes, is good for monitoring cholesterol. One article said to add fiber to my day, which surely must mean that all my yarn and crocheting helps too.

A grandmother's love and a little amazing grace won't hurt either.

Kerri Habben Bosman is a writer living in Cape Carteret, NC.
Her email is 913jeves@gmail.com.

Celebrate Fall

by Janet Young

As the season transitions from summer to fall, what symbolizes the dawning of this new season? Is it the first frost or the chilly bite in the morning air that signifies it's time to pull out those warm bulky sweaters and socks, as you prepare to attend the first of the season's college football game.

In addition to the beauty that fall brings with the changing of the leaves, there is so much to do before the cold, crisp air of winter sets in. For example, perhaps one more camping trip where you can make s'mores over a smoky campfire. Or, go for a walk trampling over freshly fallen crisp leaves.

Why not go to an orchard to pick apples. Nothing is more fun for the children than to pick the apples and then go home to bob for apples. Or, why not teach the older kids how to make applesauce.

Then, there is a hay ride through a pumpkin patch, where you can pick a pumpkin or two to take home and decorate your front porch. Pumpkins provide a nice decorative touch with a splash of orange throughout the yard and house. What a nice decorative touch to add to your front porch or to any place you want that spark of orange.

Last, but not least why not go through a corn maze. The thrill of going through the maze without getting lost is something that you and your family will recall for years to come as memories are being made.

You know Fall has arrived when Fall beverages begin to appear at coffee shops, fast food places, restaurants etc. Drinks such as apple cider, pumpkin lattes and all things spicy, signify that Fall has officially arrived. And with the ever-increasing morning chill in the air, pots of home-made soup are a welcomed treat for your taste buds.

So, as you cuddle up in a cozy blanket or break out your flannel sheets – plan to enjoy this special season of the year. Come December or January, when the first snow falls, you will be glad you did. So,

CELEBRATE FALL

© Janet Young is a Certified Tea and Etiquette Consultant, Co-Founder of Mid-Atlantic Tea Business Association, and prior owner of Over The Teacup

Reader Shares!
Finished Project!

Lisa shared this finished project that she created and made several versions of from a pattern she has available. It's a Sun Flower Pin Cushion/clip holder.

Shared by reader Lisa Nagle of Spring Hill, FL. lisanagle1004@gmail.com

Ft. Lauderdale, Greenacres,
Okeechobee, Port St. Lucie, West Palm Beach

The Cross Stitch Cupboard

Plus Needlepoint • Needlepunch • Embroidery

Mail order every day, all over the world.
www.crossstitchcupboard.com

Personal Service with 45 Years of Experience!
Come see us, call, email or text us!

1600 N.E. 26th Street, Suite B • Fort Lauderdale, FL 33305
954-563-8900 • stitch1981@aol.com • Tues-Sat 10-4

Framing & finishing of all needlework & restoration services

The Quilted Peacock

"God sew loved the World"

Check Us Out at www.thequiltedpeacock.net
3890 Shawnee Ave. • West Palm Beach, FL • 561-596-3852

Specialty Fabrics
Quilting & Sewing Fabrics
Notions, Patterns & Threads

Innova and Necchi Dealer
Offering Longarm Services

Soulfully Stitched

QUILT SHOP

A Hidden Gem in Okeechobee!

Beautiful designer fabrics, inspiring classes, sewing machines, quilting services, pocket prayer ministry and a whole lot of creative joy!

From your first stitch to your next masterpiece, we're here to help you create something beautiful.

Fabric • Classes • Janome
Arrow Furniture • Longarm Services
Machine Repair • Kids & Teens
Moda • FreeSpirit • Riley Blake
Northcott • Timeless Treasures and More!

8375 SW 9th St.
Okeechobee, FL

soulfullystitched.com
863-763-0504

by annie.com
... what's in your bag?

JANOME

arrow

KANGAROO
sewing furniture

Win A \$25 Gift Certificate

We give away a \$25 Gift Certificate each issue to redeem at a local advertiser's shop! You can register online at www.theregisterweb.com with the link "Register to Win" or complete the form (photocopy is acceptable) and mail to: P.O. Box 2419, Cumming, GA 30028.

Please also include a favorite recipe, quote, tip or a craft project you want to share with other readers.

The drawing will be made prior to the next issue. The winner will be mailed information on redeeming their certificate and also announced in the next issue.

Note: We do not place your information on any mailing list.

And the Winner is...

Our winner from last issue is Kilty Spoke. Kilty will receive a gift certificate to spend at A&E Fabrics & Crafts in Pensacola. She enjoys this shop because "it is local to me and there is such a wide variety available." Congratulations Kilty!

The Florida Register Gift Certificate Entry Form

ALL ITEMS MUST BE COMPLETED TO BE ELIGIBLE FOR THE PRIZE DRAWING

Name _____

Street _____ City _____ State _____ Zip _____

Phone _____ Email _____

My favorite advertiser in this issue is: _____

I enjoy visiting this shop because: _____

Please tell us about a local business you'd like to see advertising in The Florida Register.

Pam's Fabric Nook

Quality Fabric and Notions

Almost 5,000 Bolts of Cotton and Batik fabrics in stock! Northcott, Studio E, In the Beginning, Michael Miller, P & B Textiles, Riley Blake, Robert Kaufman, Quilting Treasures, Andover Fabrics and more!

Authorized Dealer of **JANOME** Sewing Machines!

Tues–Fri 10am–4pm • Sat 10am–3pm • pamsfabricnook@gmail.com
www.PamsFabricNook.com

VISIT US AT
9024 S US Hwy 1 • Port St Lucie • 772-800-3019

Sign up for our newsletter on our website.

Quilt a Bit

FULL SERVICE QUILT SHOP

561-304-7211 • www.QuiltABit.com
2914 Jog Road, Greenacres, FL 33467
(NE corner of 10th Ave & Jog Road in Barclay Square Plaza)

HOURS:
Mon–Fri 9am to 5pm
Sat 9am to 4pm
Closed Sunday

Find us on

- Quality Cotton, Beautiful Batiks, Wool, Fat Quarters, Kits, Patterns, Books, Notions
- Longarm Quilting Services Available
- Classes in our NEW Larger Classroom
- Come in and see our large (110+) collection of Wide Back Fabric

Fall Foods You're Guaranteed to Flock Towards

by Laura Taylor

As we start to move into Fall and cooler weather, it's the perfect time to get outside into fresh air. One of the best ways to explore the outdoors while staying out of the hot sun is finding a nice spot in the shade of a tall tree. But honestly, what good is sitting outside for hours if you don't have a sandwich, a drink and something beautiful to look at.

Now what if I told you that the "beautiful" something isn't a typical scenic view or your tablet screen, but rather something rare and exciting and that the snack and drink you bring along could be prepared in less than 30 minutes?

Birds will have their most fiery and colorful backdrop this season, highlighting their feathers and even making them easier to spot. Bird watching can be done from the comfort of a lawn chair in the cool Fall foliage or even from your own backyard if you're lucky, leaving only a relaxing breeze and sounds of nature to enjoy.

As for something to keep you from having to go back and forth for lunch, here are four recipes I promise you'll flock towards this Fall. They feature some of my favorite sandwich and drink classics that are always best when enjoying outdoors.

1. Chicken Salad Sandwich

 - Rotisserie chicken
 - Dried cranberries
 - Chopped pecans
 - Mayo
 - 1 tsp Spice World Minced Garlic
 - ½ tsp Spice World Minced Ginger

1. Mix everything together and chill.
2. Serve on croissants or brioche buns.

2. Transfusion

 - 1.5 oz vodka
 - 2 oz white grape juice
 - 1 oz cranberry juice
 - ½ oz fresh lemon juice
 - 2 oz ginger beer
 - ¼ tsp Spice World Minced Ginger

Method

1. Shake vodka, juices, lemon, and ginger with ice.
2. Strain into a tall glass over fresh ice.
3. Top with ginger beer.

3. Turkey-Apple with a garlic mayo

 - Sourdough or multigrain bread
 - Sliced turkey
 - Sharp cheddar
 - Thin apple slices
 - 1 tbsp Spice World Minced Garlic
 - 2 tbsp mayo
 - Handful of arugula
 - Mix minced garlic into mayo.

4. Cranberry Ginger Mule

 - 2 oz vodka
 - 1 oz cranberry juice
 - ½ oz lime juice
 - ¼ tsp Spice World Minced Ginger
 - Ginger beer

Visit www.spiceworldinc.com for more recipes and tips!

SEW CREATIVE EXPO 2026

2ND ANNUAL

Another VIP experience with an all-star roster of Bernina educators. Classes in quilting, serger, embroidery, and Q-series. Hands-on assistance in every class. Machines and kits fully provided. Demonstrations from LauraStar, OESD, & Accuquilt. This is the EXPO experience that had everyone talking last year, and it's back even better.

October 30th - November 1st

HYATT REGENCY RESORT & SPA
ESTERO, FLORIDA

Visit: flashsewandquilt.com

All Star Educator LineUp

Pam Mahshie
Bernina Overlocker
Business Manager

Adam Rateliff
Adam Sews

Shelly Fitzgerald
Bernina Educator

Elisa Milano
Bernina Educator

Joanne Leonard
Bernina Educator

Kari Curley
Bernina Educator

Naomi Hird
Bernina Educator

Lorie Valle
AccuQuilt

Lori McCroskey
OESD Educator

Louise Duffy
Territory Sales Mgr
LauraStar

City Index & Map

Brooksville Page 7

Chiefland Page 6

Clearwater Page 19

Clermont Page 12

Crestview Page 3

Crystal River Page 6

Dade City Page 13

DeFuniak Springs Page 4

DeLand Page 11

Deltona Page 11

Edgewater Page 22

Englewood Page 20

Estero Page 25

Fort Lauderdale Page 24

Fort Meade Page 16

Fruitland Park Page 7

Greenacres Page 24

Havana Page 4

Holly Hill Page 22

Jacksonville Page 21

Keystone Heights Page 5

Lady Lake Pgs. 7, 10

Lake City Page 5

Lake Placid Page 17

Lake Wales Page 16

Lakeland Page 14

Lanark Village Page 4

Leesburg Page 9

Live Oak Page 5

Lutz Page 18

Maitland Page 10

Marianna Page 4

Melbourne Page 23

Milton Page 3

Mount Dora Page 9

Naples Page 20

North Fort Myers Page 20

Ocala Page 6

Okeechobee Page 24

Orange Park Page 21

Palm Harbor Page 19

Panama City Page 4

Pensacola Page 3

Plant City Page 15

Port Charlotte Page 20

Port St. Lucie Page 24

Punta Gorda Page 20

Sebastian Page 23

Sebring Page 17

St. Petersburg Page 19

Tallahassee Page 4

Tampa Page 19

The Villages Page 8

West Palm Beach Page 24

West Melbourne Page 26

White Springs Page 5

Winter Haven Page 16

Alabama Page 4

Longarm Page 6

Online Page 9

Shop Hop Page 22



Sew Much Fun

Florida Space Coast's Newest and Largest Quilt & Fabric Shop!

- Fabrics from Moda, Andover, Tilda, Riley Blake, Free Spirit Wilmington & More!
- Threads from: Glide, Aurifil, Gutermann, and Wonderfil
- Long Arm Edge to Edge Quilting
- Repair & Machine Services
- Classes in Quilting, Sewing, Embroidery, Bag Making & More!
- Quilting and Garment Fabrics
- Rope & Bag Making Supplies
- Cork and Decor Fabrics

Come in and be INSPIRED!

As the Florida weather finally begins to hint at Autumn, we're looking forward to a season filled with quilting, sewing, and creativity. The shop is bursting with beautiful new fabrics, inspiring samples, and classes for every skill level - from beginner projects to advanced techniques. Whether you're stitching up cozy fall decor, getting a head start on holiday gifts, or simply enjoying some well-deserved sewing time, we're so grateful when you choose to make Sew Much Fun part of your creative journey. Thank you for supporting our small business! We can't wait to see what you'll create this fall!"

Happy Sewing, Beth & Kelley

Authorized Dealer/Sewing Center Service on Site!

PFAFF
Perfection starts here.™

JUKI
HIGH QUALITY DOMESTIC SEWING MACHINES SINCE 1947

Husqvarna VIKING

SHOP 24/7 Online at
www.SewMuchFun321.com

2945 W. New Haven Ave.
W. Melbourne, FL
2 miles east of I-95 on Hwy 192 (exit 180)
321-768-2060
customerservice@sewmuchfun321.com
Mon-Sat 10-6
Sun noon-4

