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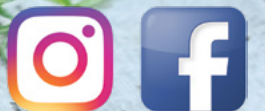
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Publisher's Note

Do Something Creative

Every maker has a different creative process. Some look through magazines or on the internet to get ideas, others go to a guild meeting in anticipation of seeing quilts shared during show and tell. Sooner or later, everyone experiences a moment of inspiration and a new project begins.

According to Google Dictionary, inspiration is *"the process of being mentally stimulated to do or feel something, especially to do something creative."* It is important to keep one's mind open, so inspiration can squeeze its way into an idea.

I work on different projects all the time—I design on the computer, paint rocks, carve wood or sew. I also spend a lot of time walking along the river with my dogs. I use the dogs as an excuse to get outside for walks each day. The real reason I *need* to walk along the river is to calm my mind and hope inspiration will glimmer with a new idea.

I am inspired by nature, especially old seed pods, dried grasses and dead plants: crooked, brown fern fronds, withered blackberries and rose hips, to list a few. I admit it is odd to be inspired by shrivelled, twisted, blackened, dead vegetation, but my mind derives inspiration from them every time I walk.

Seed pods are generally dead, often their dried husks rattle in the wind. Seed pods are also vessels for new life—the seeds they carry will grow a new generation of plants. While some people see ugly, twisted pods, I visualize energy and life. The organic shapes of dead plants fascinate me.

No matter how inspiration comes, recognize that rush of feeling as a new idea is born—and get making! ♥

Marcy



The Country Register® International Contact Information

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10:00 AM – 6:00 PM

Saturday, May 11

10:00 AM – 4:00 PM

Exhibition Hall, Westerner Park
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2024**

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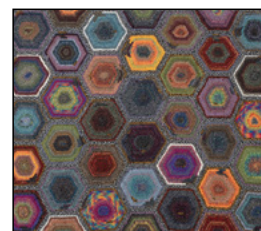
The exhibition will be at ACUA in the summer. Dates pending.

Prizes and ribbons will be awarded.

Online submission Dates: March 1st – May 15th, 2024

Full info on categories and application process is on the website.

Focusonfibreart.org



Hexagon Charms by Laurie Wiles and A Renewed Passion by Paula Banerji in 2020

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THE STORY OF GLOWING GLASS

by Rica Ketcham

Glass that glows under ultraviolet light has become one of the most popular trends in glass collecting today. While all glass contains a combination of elements, *Glow Glass* contains specific elements such as uranium, cadmium, selenium and manganese, which fluoresce, or emit light at a specific wavelength, under a blacklight —glowing green, yellow, orange, pink, blue and blueish-purple. Different elements glow best under different wavelengths of UV light, with the most popular being 365nm. A variety of fluorescent and LED blacklights are available at local hardware stores and online.

Uranium was initially added to the glass-making process in the 1830s to create a brilliant green-yellowish hue in daylight. As this

glass grew in popularity, it was combined with other heat-sensitive chemicals to create a yellow glass that was first known as *Canary Glass* and then *Vaseline Glass* due to its resemblance to the Vaseline® brand of petroleum jelly. It reached the height of popularity during the Victorian period (1880–1920).

Vaseline glass is in the family of uranium glass, yet there are distinctions between the two. Vaseline glass is yellow or yellowish-green in the daylight, while uranium glass comes in various colours and shades of green and blue. Vaseline glass never comes in opaque colours like jadeite, custard, or Burmese glass, but uranium glass does.

continued on page 6 >



Sibbald Quilt Show

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--	--

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Sibbald Quilt Show

MOUNTAIN CABIN QUILTERS GUILD

reflections

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> continued from page 5

United States production of glass containing uranium ceased during World War II because the government confiscated uranium supplies for the Manhattan Project from 1942 to 1958, but uranium-based glass production resumed after that. Although uranium glass does register on a Geiger counter, it is well below everyday background radiation or about the same as a cell phone. However, the US EPA recommends not eating or drinking from uranium glassware.

Manganese glass dates back to Ancient Egypt and is considered one of the oldest elements added to glass. It was used as a clearing agent to remove the green tint that comes from iron impurities. The presence of manganese is why clear or marigold glass will glow a dull green colour under a blacklight.

Manganese in clear glass, especially antique glass, can also change clear glass to a shade of violet to deep purple with prolonged exposure to UV light, such as direct sunlight. In the glass world, this is known as sun-changed or irradiated glass. It is considered a sham to deliberately alter the historical artifact by exposing glass to ultraviolet light to create this colour. It is important to note that

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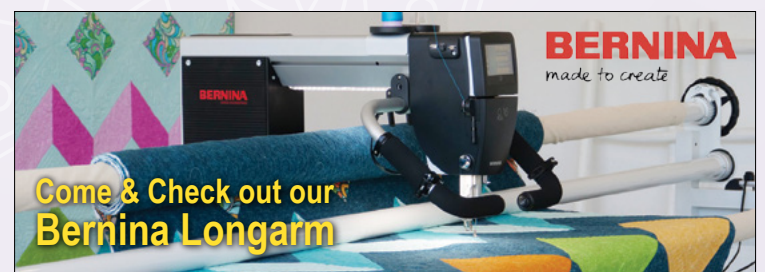
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not all purple glass is sun-changed, and many colour-fast shades of purple are created by adding specific elements.

Cadmium is added to glass to create a sunset look when exposed to UV light with colours ranging from a bright yellow to a deep orange and even red.

Selenium, similar to manganese, was used as a clearing agent for glass. It is often used in combination with cadmium, creating a bright pink glow when exposed to UV light.

The rising topic of these added elements to the glass world has brought about intrigue and new collectors, creating a surge in blacklights used while shopping to find the next piece of glass that unexpectedly glows. Now more than ever, glowing glass is selling fast. Don't forget your blacklight the next time you are out antiquing. ❤️

Rica Ketcham is a seven-year veteran glass collector, who was first attracted by the remarkable quality and craftsmanship of Italian Murano glass and, more recently, Mid-Century glass. She is an active member of the Glass Gatherers Phoenix club (GGPhoenix8@gmail.com) and can be reached at her online store: <https://midcenturyketch.etsy.com>.



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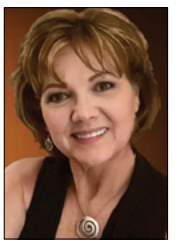
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 - Tour of Cardiff Castle
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- Birmingham**
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Post-tour Package (London) Optional, but highly recommended! \$1,699US per person, twin share August 4 – 7, 2024	Information & Registration email: kim@kimcaskey.ca www.kimcaskey.ca

***Note: All prices in US dollars**

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Who: Calgary Branch of Victoria's Quilts Canada

When: Sunday, April 14 • 11 am to 2 pm

Where: Eden Brook Funeral Home, 24223 Township Rd 242, Calgary

Why: Fundraiser to support our efforts in providing homemade quilts to people undergoing cancer treatment at no cost to the recipient

Cash Only, thank you!

www.victoriasquiltsCanada.com



For fabric donations,
please contact:
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Quilting With Barbara

by Barbara Conquest of BlueSky Quilting

MAKE IT UNIQUE TO YOU



While looking out the window at bleak fields of brown grass with patches of snow and leafless trees against a cloudy sky in late January, I began to think about colours. Warm colours! Bright colours! Any colour! Contemplating the lack of it outside inevitably led me to think about colour in relation to quilts I both made and intend to make.

Many quilters say their first and foremost quilting problem is choosing fabric, which really means they have trouble choosing colours. That isn't surprising, taking into account all the choices available. First to consider is personal preference. Even very young children have their favourite colours, often choosing the same crayon time after time; children who consistently choose dark sombre colours are of some concern to child psychologists. (Remember the child who drew and "coloured" only with black? His explanation, logically enough, was that he had lost all his other crayons! Whew!) It is common for beginning quilters to use only their favourite colours, and why not? If it's comfortable, go for it! But eventually, after realizing all their quilts are very similar, they are ready to expand their choices.

One starting point involves using as a basis for choice the colour wheel we all learned as children: pure red, yellow and blue are the primary colours, and all others on the wheel are a mixture of those colours with black and white added in various amounts to produce tones and tints. But even here there are choices. There is more than one colour wheel. Fabric dyers, photographers and others use the Ives colour wheel, where magenta, yellow and turquoise (cyan) are considered primary colours, and orange, violet and green are the >>

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secondaries. This change in orientation can be a little confusing, since we were so thoroughly taught the first, but the Ives colour wheel is worth a second glance; the colours are bright and clear. Your colour printer cartridges use the Ives system. Looking at adjacent colours (analogous colours), complementary colours and tertiary colours on either wheel can be a source of inspiration. Several excellent books on colour for quilters are available. Joen Wolfram is a recognized expert on colour in its many aspects; any of her books would be useful to quilters who seek such information.

Certain colours evoke differing moods and emotions. Blue and green, for example, are considered to be calming and relaxing. Red and orange stimulate and agitate (I wish I had known that when we decorated our first child's room in bright orange and yellow)! It is no coincidence that so many fast-food places use red, orange and other bright colours in their décor. They desire customers who eat quickly and leave—no leisurely lunches there!

Quilting is a highly-symbolic craft, and colour is often used for symbolic purposes. Blues, greens and browns frequently represent nature, peace, earth or sky, for example. Red and black often symbolize blood, death or bravery, but red and pink can also stand for love. However, colour as symbolism is culturally bound. In our society, white may represent purity, but for some eastern cultures white represents death and mourning. Pastels are considered “baby colours,” but who among us would present a baby boy with a pink quilt and expect to remain friends with his mother?

The significance of the number of colour choices mentioned above may seem daunting to a new quilter, but making these choices soon

becomes second nature. Eventually we learn that even colours we once considered unspeakably ugly have their places in our quilts, if only to contrast with or draw attention to our favourites.

So we're back where we started: choose the colours you like, but enrich the experience by keeping in mind some of the underlying principles of the craft. After all, it's your choices that make your quilt unique to you. ♥

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IRISH YOU A HAPPY ST. PATRICK'S DAY

by Colleen Gust, Sask/Manitoba Country Register

St. Patrick's Day celebrates Saint Patrick (and the arrival of Christianity in Ireland) and the heritage and culture of the Irish. Wearing green clothing or shamrocks, plus parades and festivals are common ways to commemorate the day.

Saint Patrick's Day is a public holiday in both the Republic of Ireland & Northern Ireland, and in Newfoundland and Labrador (for provincial government employees).

How did the story of St. Patrick start? At sixteen, Patrick was kidnapped by Irish raiders and sent as a slave to Ireland. Patrick spent six years there working as a shepherd, and during this time, he found God. Patrick eventually fled to the coast, where he caught a ship to take him back to Britain. Patrick then went on to become a priest.

According to tradition, Patrick returned to Ireland to convert the pagan Irish to Orthodox Christianity. He evangelized in the northern half of Ireland and converted thousands. His efforts became the story in which he drove "snakes" (heathen practices) out of Ireland, even though actual snakes were not known to inhabit the region.

On Saint Patrick's Day, it is now customary to wear shamrocks and

green clothing, as he used the shamrock, a three-leaved plant, to explain the Trinity.

Today, we celebrate St. Patrick with parades and festivals, Irish traditional music and the wearing of green attire or shamrocks. Which reminds me, what do you call a fake Irish stone? A *shamrock*.

Christians may also attend church. The Lenten restrictions on eating and drinking alcohol are lifted for the day. Perhaps because of this, drinking alcohol, particularly Irish whiskey and beer, has become associated with the celebrations.

One of the longest-running and largest Saint Patrick's Day (le jour de la Saint-Patrick) in North America occurs each year in Montreal. Did you know that Montreal's city flag includes a shamrock? The parade has been held yearly without interruption since 1824, so it's time to *paddy* like the Irish do!

The Toronto Maple Leaf's hockey team was known as the Toronto St. Patrick's from 1919 to 1927 and wore green jerseys. In 1999, when the Maple Leafs played on Saint Patrick's Day, they wore green St. Patrick's uniforms.

St. Patrick's Day gives us a reason to celebrate Irish cuisine too. Most of us immediately think of Irish stew when asked about Irish food. Slow-cooked to perfection, the meat becomes tender and



continued on page 16 >

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JOIN OUR VOLUNTEER COMMUNITY

by Beverly Grinevitch

When life hands you scraps—make a quilt!

I heard this saying many years ago. Now that I am a quilter I can totally relate. In the time it takes to sew a few blocks together, my perspective on life's events can change. What is it about sewing a few colourful pieces of fabric together that creates a new awareness? Sometimes working with blenders gives me a chuckle, when I think of things in life that just go together like peanut butter and jelly sandwiches or spaghetti and meat balls.

Sometimes working with contrasting colours, I think of a sunflower with its dark centre and bright yellow petals and how they both work together to attract the bumble bee.

Sometimes sewing together pink flowered fabric and mint green cotton helps me to remember spring will come again.

Sometimes working with tan and heather green colours brings me back in time, when I cared for miniature horses and revelled in the delight of feeding them fresh hay from the bales.

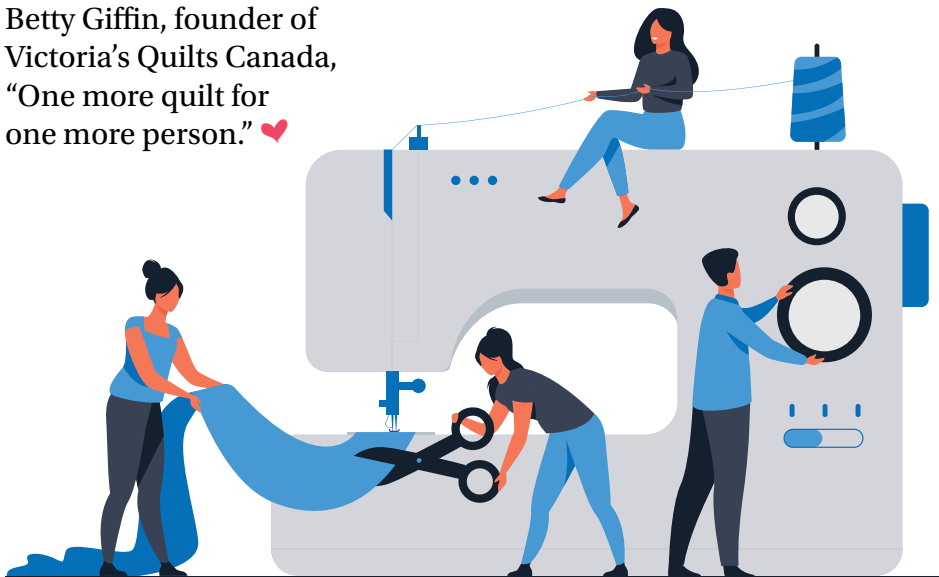
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In closing, here is a quote from

Betty Giffin, founder of Victoria's Quilts Canada, "One more quilt for one more person." ❤️



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WHEN A HOUSE BECOMES A HOME

by Kerri Habben Bosman

A house becomes a home when it gets filled with memories. Add in a special blanket, and it gets even better.

On the back of his recliner my husband, Wayne, has a favourite crocheted blanket. It is a double-bed sized granny square.

My grandmother made it for my parents when they bought a new sofa in 1989. Later on we couldn't possibly keep everything she'd made as she crocheted nearly every day for 91 years. Many items were donated to hospitals or nursing homes over the years. But when Wayne and I sold my childhood home, this blanket had to stay with us. It is big, cozy and wrapping up in it feels like an endless hug.

We frequently have family gatherings at our beach house, and our three-bedroom home sleeps around nine of us and entertains up to 18. We originally bought it as a second home especially for this purpose as my stepdaughter, Kira, and her family live four miles away. Both our homes get filled up with all of us, including Wayne's five grown children, their spouses, and seven grandchildren. Two Aprils ago my now 103-year-old mother-in-law, and family, visited from Wisconsin. The house still carries a special essence from that time together.

We are overjoyed when the house breathes with a precious cacophony of laughter and conversations. I once wanted to own a bed and breakfast as I loved feeding people and fussing about the house. Dreams evolve, and now I ensure beds are ready and serve made-to-order omelets to family. Along the way we are tucking away memories that warm us after everyone goes home. Much like my grandmother's blanket, which is now Wayne's. The blanket has served well for 35 years.

We live three blocks from Bogue Sound on the Intracoastal Waterway. When we take walks there together, often someone will turn the blanket into a cloak. Whoever is sleeping in the TV room covers up with it at night. My

stepdaughter, Sanja, cocoons in blankets. I made one especially for her, but the older one remains her favorite. Every grandchild has used it, while either playing, reading, or sleeping. Particularly the youngest, six-year-old Quinn, who is on top of the world when he is sitting in his Grampa's recliner and also under his blanket. Bring Quinn mac and cheese on Grampa's tray and he is king of the castle.

I keep a framed photograph of my grandmother on my roll-top desk. It was taken at her 90th birthday party in 1997. In it, she leans forward in her favorite chair, an enduring joy emanating from her eyes. It is a happiness mingled with a spark of mischief, a timeless vibrancy, and also an



undercurrent of resiliency. A combination of these traits served her well through every era of her long life.

My grandmother passed away in 2006, but when she gazes at me from the recesses of my desk, it seems as if she is right beside me. Sometimes I just smile back at her. Other times, I talk to her for a moment. Not aloud, but in my head. I tell her about Wayne, who she never met. I share with her about this beautiful family that I treasure. I tell her how I especially feel her with me when I am with the grandchildren.

I thank her for everything, especially for showing me how to love. In these reflective moments I think of Wayne's blanket and how much comfort it brings to him and our family. And to me.

The last time Sanja was here she was teasing Quinn that she had the blanket. "I've got the blanket Kerri made," she said.

"Even better," I answered, "My grandmother made it."♥

Kerri Habben Bosman is a writer in Cape Carteret, NC. She can be reached at 913jeeves@gmail.com.

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then it becomes
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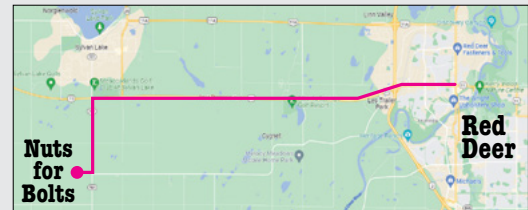



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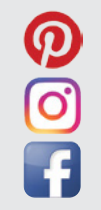
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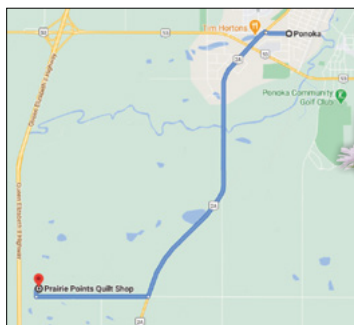


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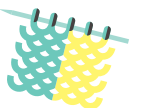
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> continued from page 10

the vegetables absorb the rich broth, creating a comforting and filling dish. It's said that every Irish household has a unique twist on the classic stew, a closely guarded secret passed down through generations.

Potatoes, known as the "Irish apple," have been pivotal in Irish cuisine since their introduction in the 18th century. A favourite is colcannon, a dish made by combining mashed potatoes and cabbage with butter, a simple comfort food.

We must also pay homage to the "full Irish" breakfast, which includes fried eggs, bacon, sausage, black pudding, grilled tomatoes and toast.

Another food staple that comes up when mentioning Irish cuisine is Irish soda bread. Soda bread, which is quick bread leavened with baking soda, has a crusty exterior and tender interior, which makes it the perfect vehicle for a generous spread of butter or a dollop of jam. And, why do Irish bakers use baking soda? It's faster than *Dublin* the dough with yeast.

St. Patrick's Day, a global celebration of Irish culture, serves as a testament to his enduring legacy, fostering a sense of unity and pride among the Irish and enthusiasts worldwide. Ireland, with its vibrant traditions and spirit, stands as a testament to the enduring legacy of St. Patrick, embodying resilience, community and a deep-rooted appreciation for life's simple joys. 🍀





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Paula Rafferty



Friday, June 21, 2024, 7:30 pm

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Priscilla Bianchi

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Spring is a time of renewal. The cold is leaving, while sunshine and warmth are slowly creeping in. Sometimes this change means more time for outside chores and activities, which may take us away from our coveted indoor project time. If this is the case for you, take advantage of being out of your sewing zone and look around for creative ideas.

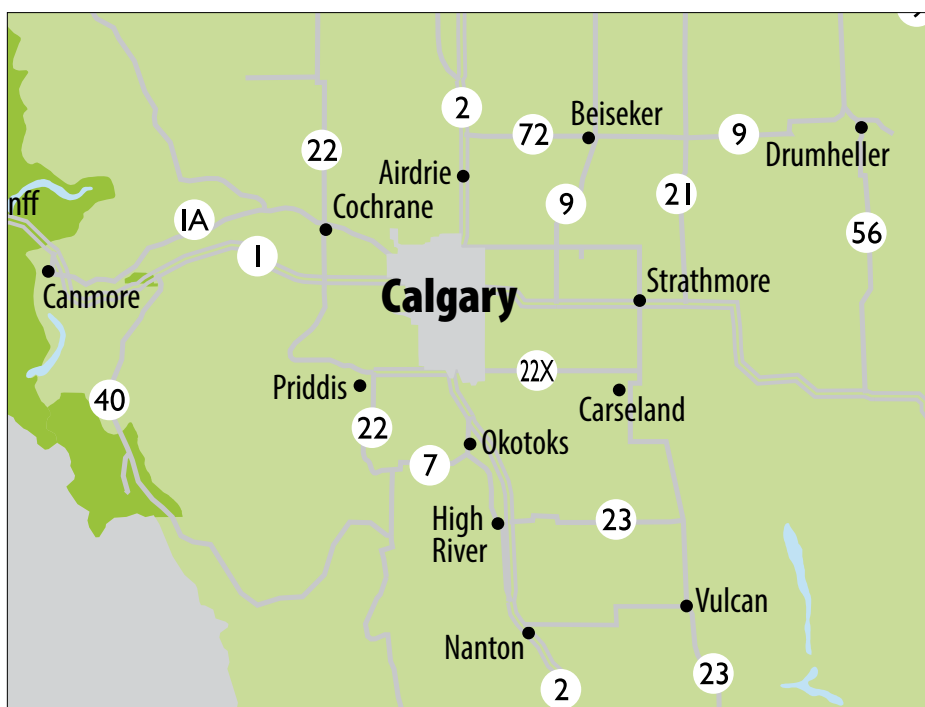
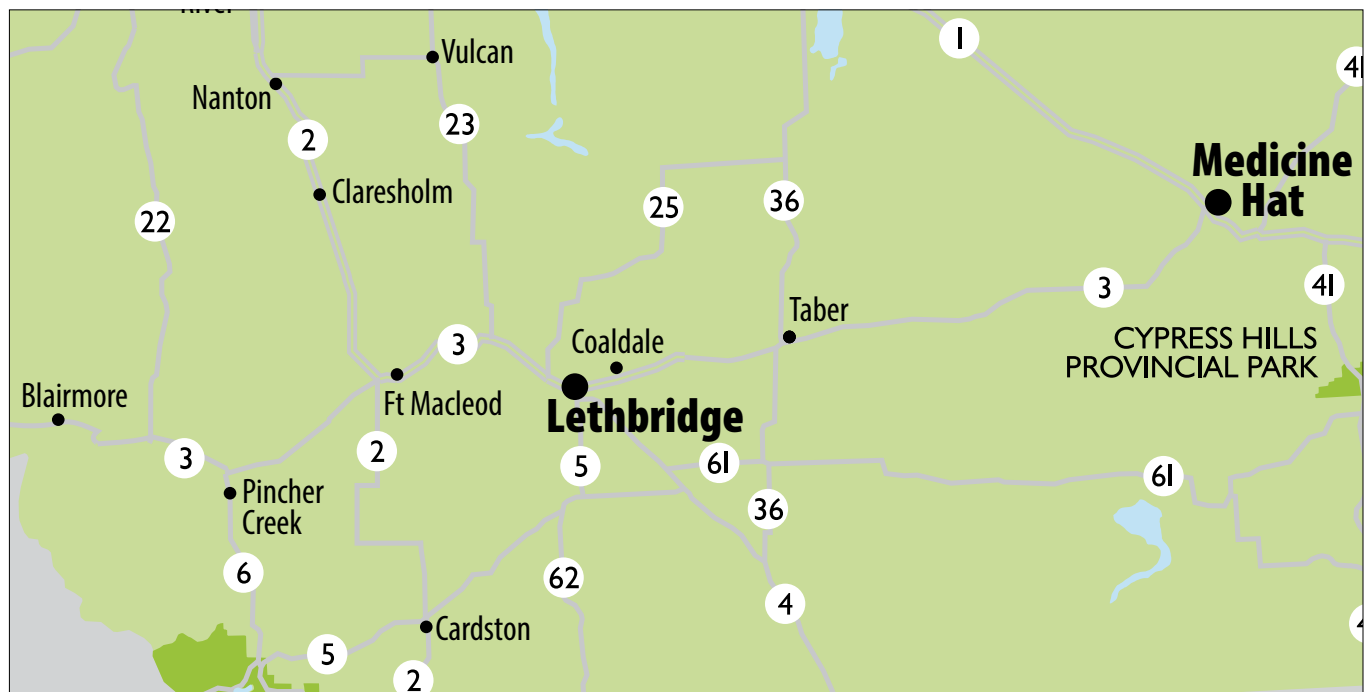
Local shops are full of new fabric, yarn, thread, patterns and projects (and more!). While running errands or chauffeuring children here and there, make sure to visit local stores to see what might inspire you.

If you normally look at fabric, wander through the yarn and wool section. Perhaps there is a new texture, colourway or idea waiting to pounce. Explore!

Tuck this handy pull-out map of local Alberta businesses in a purse, bag or pocket. All participating advertisers are listed by community with the page number their advertisements can be found on. ❤️

Southern Alberta

- Cardston**
Imagination UnlimitedPg 7
- Fort Macleod**
Little Red Quilt ShackPg 7
- Lethbridge**
Lethbridge Sewing CentrePg 6
Village QuiltsPg 6
Studio Thirty-Nine FabricsPg 6
- Medicine Hat**
Mook FabricsPg 6
Quilting Creations & FabricPg 6
- Pincher Creek**
Dragon's Heart Quilt ShopPg 7

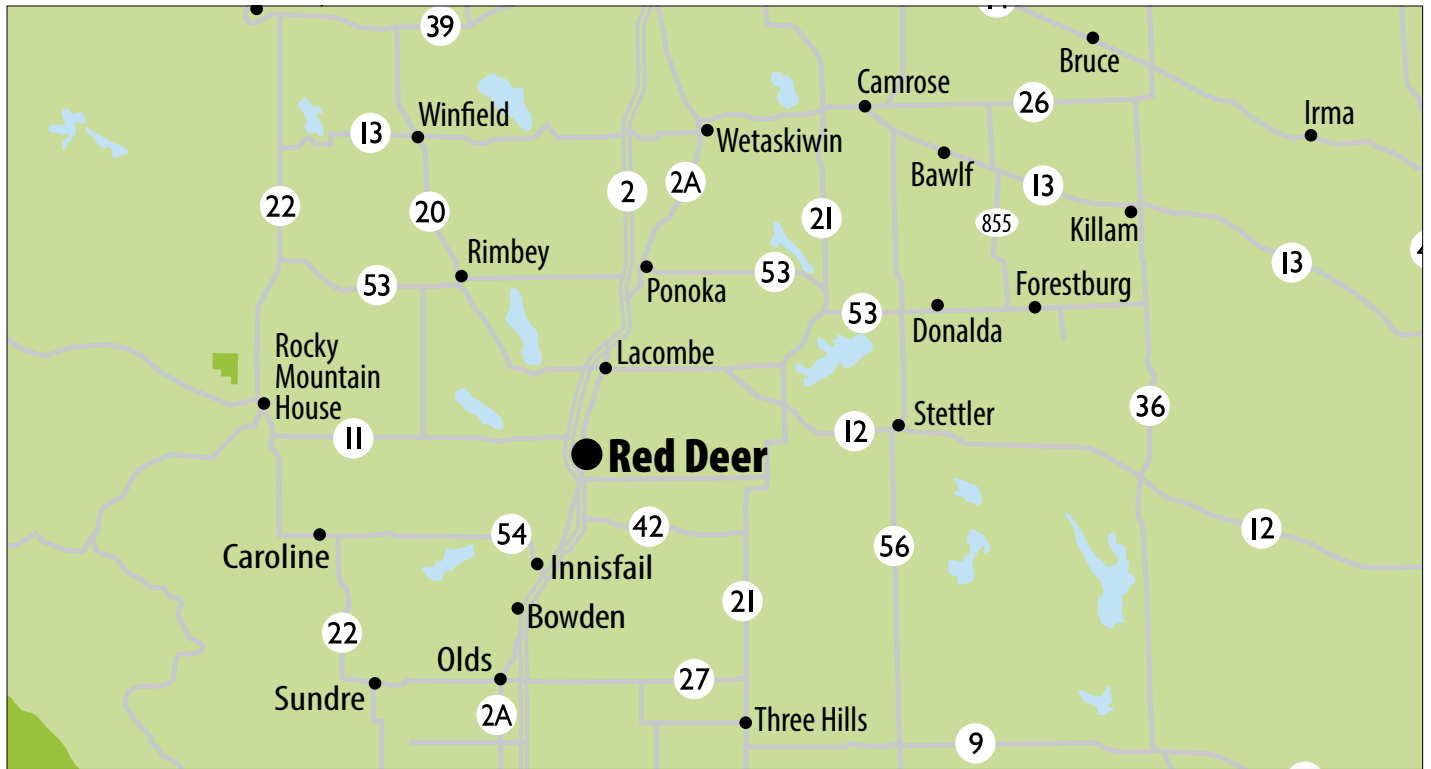


South Central Alberta

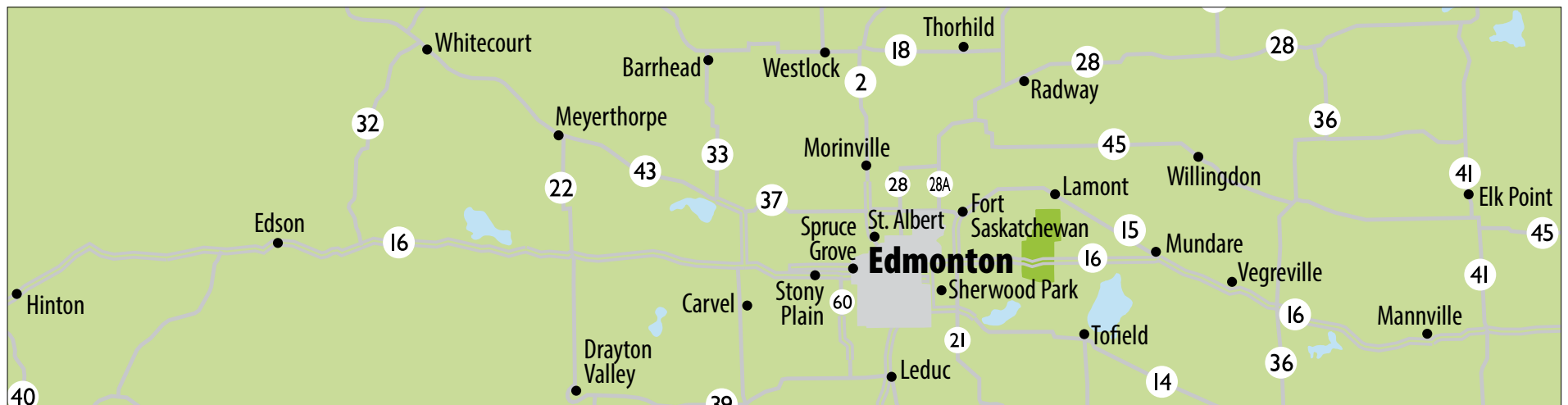
- Airdrie**
Klare's Korner Pg 10
Pinheads Quilting Co.Pg 10
Vintage Sewing to Bless Gift Shop..... Pg 10
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Never Done Quilting. Pg 12
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My Sewing Room.....Pg 35
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Maple Leaf Quilting Pg 36
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Kwilting Korner..... Pg 12
- Priddis**
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Forever FriendsPg 8
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The Threaded NeedlePg 8

Central Alberta

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Wawa's Quilts Pg 12
- Bruce**
Quilt N Friends Pg 20
- Camrose**
Quilting from the Heart Pg 20
- Caroline**
Beaver Creek Mercantile Pg 15
Lazy M Lodge Pg 13
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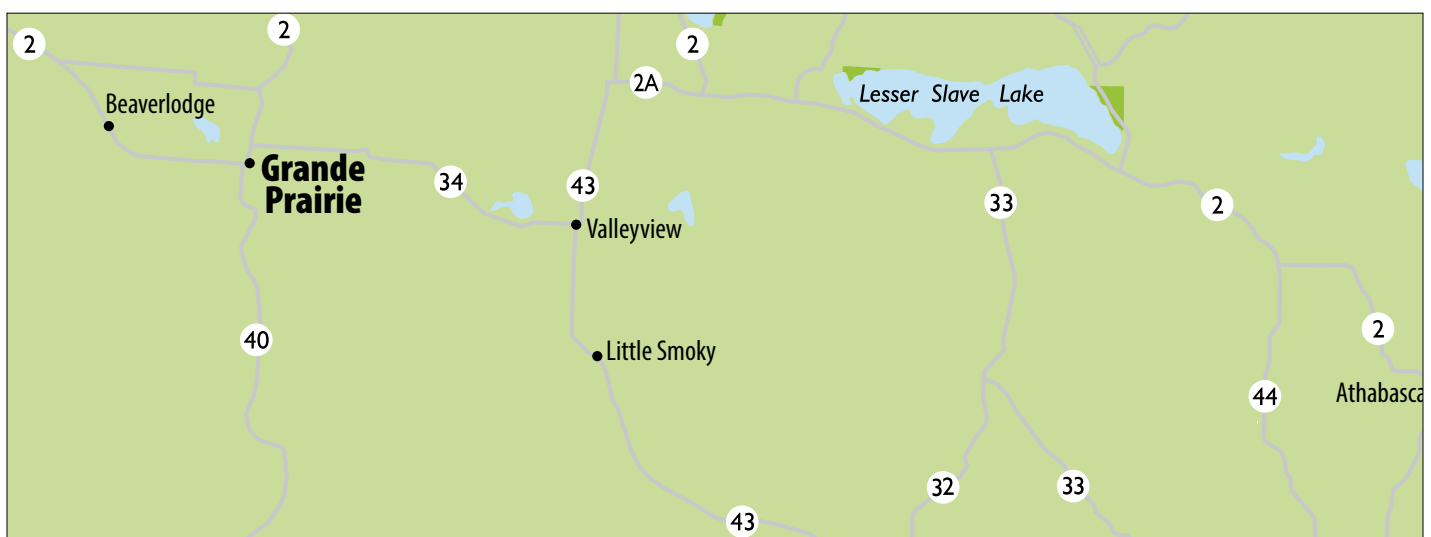
North Central Alberta



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Homestead Fabric
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Just Peachy Arts & Crafts Pg 30
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(Formerly Arth's Fashion Centre) Pg 28

Northern Alberta

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- Little Smoky**
Pink Petunias Patchworks Pg 31
- Valleyview**
Sew Delightful
Studios Inc Pg 31



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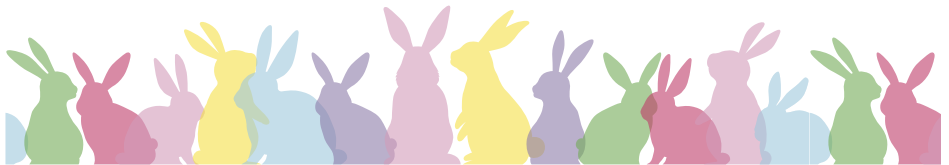
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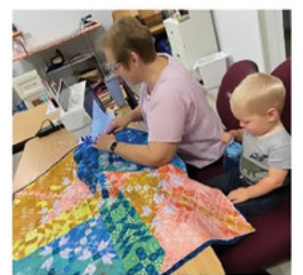


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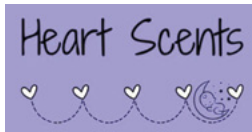


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HEART SCENTS: UPDATE & NEW PATTERN!

by Leah Cathleen Donald • www.heartscentstforbabies.weebly.com



We've all heard the saying *itching to be stitching* and we've been lucky to see it in action this month. The response to the *Heart Scents* article in the January/February issue has blown our socks off! Quilters and sewists from all over Alberta have been in touch with the welcome news they are sewing flannel hearts for NICU families. People are sewing alone or gathering in guilds, groups and pairs in halls, sewing rooms and dining rooms. There was even a Valentine's Day sew-along event!

Each stitch sewn is directly in line with our two-fold mission. **First.** To support families with babies in the NICU. With our gift of sewn flannel hearts, we facilitate two-way scent bonding between parents and babies in the NICU. In a time of stress, these hearts provide a tangible, tactile connection for families.

Second. We encourage people to gather and create flannel hearts. These gatherings foster a sense of community and belonging and promote connections between volunteers. Coming together, in service to others, is a powerful way to build stronger relationships in our community.

If you missed the first article, we invite you to go online and read it (www.albertacountryregister.com). Here's a brief outline of the *Heart Scents* project—a simple idea with powerful results.

Flannel hearts are sewn and given to families with a baby in NICU. The parent wears the heart next to their skin and leave it with baby when they can't be present. This promotes scent bonding between the parent and baby. We established *Heart Scents* in Calgary to support the over 2,800 NICU admissions each year. Each family receives two hearts—which adds up to a lot of sewing.

NEW PATTERN. Check out our website for the new pattern and instructions. We welcome any hearts already sewn using the original pattern and encourage everyone to download the new pattern for any future sewing. We also added a template for hearts you can download and print onto cardstock to create re-usable templates. We no longer need you to put the hearts in Ziplock® bags. Just pack them up by pairs and drop them off at any of our drop-off locations throughout the province. There are currently drop-off sites in

north Calgary, south Calgary, Airdrie and Edmonton. Please contact us if you would like to be a drop-off site for your community.

In the spirit of keeping this going, we ask you to consider sewing these a few times per year. Whether alone or with your friends, family or guild—look ahead and pop it into your calendar.

The need for *Heart Scents* will never wane and it takes commitment by kind volunteers to keep this running.

My soul is fed by needle and threads—creating hearts! Happy sewing! ❤️

To find drop off locations or to download the new five-inch pattern and great sewing instructions to make *Heart Scents*, please go to: www.heartscentstforbabies.weebly.com

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by Jennifer Lopez

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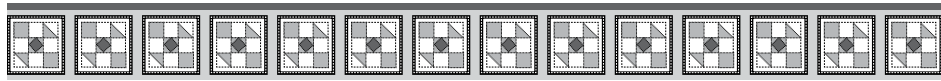
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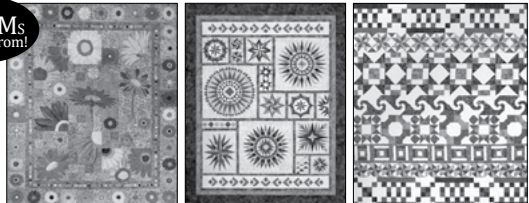
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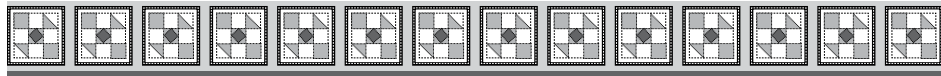
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SLOW COOKER IRISH STEW

by Colleen Gust, Sask/Manitoba Country Register

I usually double this recipe to fill up my extra-large, oval slow cooker to the brim. It's hard to go wrong with a hearty stew, but if your family is balking at the leftovers, try reheating it with a can or two of coconut milk added, canned chickpeas and curry spices.

- 1 tbsp oil
- 1½ lbs beef stew meat in one-inch cubes
- 2 onions peeled and thickly sliced
- 3 cloves garlic, minced
- 1 lb potatoes peeled, cut into chunks
- 4 carrots peeled, cut into chunks
- 3 sticks celery, sliced
- 2 cups beef broth
- 2 tbsp Worcestershire sauce
- 4 tbsp flour
- ½ tsp salt
- Ground black pepper to taste
- 1 sprig rosemary, or ¼ tsp dried rosemary
- 2 bay leaves
- 2 tbsp cornstarch stirred into 3 tbsp cool water to make a slurry

Heat oil in large skillet over medium-high heat. Add beef and brown; remove and add to four- to six-quart slow cooker.

Add the onions to hot skillet and sauté over medium heat until softened. Pour in about ½ cup of the beef broth, scraping any browned bits off the bottom of the pan. Pour into the slow cooker over the meat.

Place the potatoes, carrots and celery in slow cooker. Whisk together broth, Worcestershire sauce and flour in a measuring jug. Pour over meat and vegetables in slow cooker, stir. Add in herbs, close lid and cook on LOW for seven to eight hours or on HIGH for four hours.

To thicken: open slow cooker and pour in cornstarch slurry, stirring to combine well. Simmer WITHOUT lid for 15-30 minutes on HIGH, until thickened. ♥



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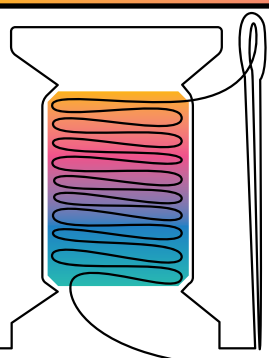
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* Pricing for Extra Large quilts is based on the actual quilt size multiplied by 0.025 per square inch. For example, a quilt measuring 110" x 110" = 12,100 square inches x 0.025 = \$302.50

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Quincy's Quilt Finishing Services is located at #105 – 3921 81st Avenue. Leduc, Alberta, Canada. Call us at 587-274-2630. Visit us online and shop 24/7 at www.quincysquilting.ca



Gremlynn's in the Kitchen

Thoughts and recipes shared by Lynn Burdett (Gremlynn),
Prairie Points Quilt Shop, Ponoka, AB

WHAT INSPIRES YOU

by Gremlynn, Lynn Burdett, of Prairie Points Quilt Shop

Greetings Earthlings:

A question I am frequently asked is where do I come up with the ideas for my quilts, paintings, photography and written work? To be fair, I am somewhat of a micro analyst. Not in any scientific sense, though. I simply love to look deeply into a flower, to see the minute details. The hairs on a sunflower's stem fascinate me, as does the leaf shape. I once did a photographic study on tree bark. Yup. I am *that* curious.

I tend to notice the small, and often insignificant, things around me. We were scanning a jeweler's case once, when I remarked one of the rings had a crack in the emerald. Upon closer inspection, it did! I wasn't looking for the flaw, it just jumped up at me. At the same time, Don will remind me there is a "barrier" near something I need to pay attention to. It is pretty much a guarantee I will completely run into the barrier because something else caught my attention. I often forget to focus on the bigger picture.

Whenever we go for a drive, I will often remark to Don (I am the passenger, he drives) about the shades of the leaves in the autumn,

the sparkle of the sun off the snow, the sharp contrast of a canola field under the bright blue sky. Ribbons of colour in the sky intrigue me. Just the other day, the sky was alive with a turquoise band close to the horizon, some gray and white clouds, then a cerulean blue above all of that! This morning's sunrise was peach, orange, yellow and crimson. It was glorious! When we get a hoar frost, Don knows I will be outside photographing the sparkles and the tiniest snowflakes with my digital camera. I love to capture reflections in water droplets after a rain. Many photographers are gifted with being able to capture action shots. Definitely not my forte, but I can, and do, capture the tiniest details of a snow crystal. The fluff of a pussy willow always catches me, as does the swell of a new leaf about to burst. I sit in the greenhouse completely enchanted as a bean sprout breaks through the soil—then the first leaves emerge! Small things, otherwise ordinary or unnoticed, beg me for further investigation. It truly is a wonder I ever get anything done!

Innately, I look for patterns in things. Wooden and brick structures fascinate me. As does the rust on old hinges and locks. Snow clinging to a barbed wire fence always >>



Photo by Gremlynn (Lynn Burdett)



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stops me for further investigation. Water dripping from a rain chain. Even how a chicken feather frosted over against the page wire captures my attention. I constantly find wonder in my surroundings. Bumble bees heavily laden with pollen on their legs. Bubbles forming on the percolator stem as the coffee begins to bubble has been known to stop me in my tracks. The effort that goes into a spider's web always causes me to pause and admire the handiwork of the artist.

When I get to see someone's quilt, whether it is a work in progress or a finished project, I ponder the maker's choice of colour and design. I notice the stitch length used to piece it together. I notice the weight of threads used in construction. Even the weave of the fabric captures my attention. And the colour choices! I always said you can give 12 quilters a piece of the same fabric and end up seeing 12 different interpretations in their final endeavour. It is always interesting to see another person's thought process and the end results. I believe this is why retreats and quilt shows draw such a great following; to see and appreciate other like-minded artist interpretations.

I feel the most important thing in finding inspiration in other people's work is to use their piece as a starting place for one's own interpretation. How can you make the design your own and not a carbon copy of someone else's vision? It always thrills me to see a completely unique perspective of a mainstream pattern.

One thing I really try to work at consciously is to avoid getting inspiration from current trends. I intentionally work hard toward *not* reproducing someone's social media presence or other marketing efforts. I want my finished product to stand out, apart from everyone else. To be fair, I am not one to be swayed by popular trends at the best of times. Seeing the same colour palette or design, repeatedly, becomes bland and uninspiring for me. When I begin to notice a repetitive theme, chances are good I will be intentionally heading in the opposite direction!

Because our choices are often limited to current trends, it is important to pay attention to *how* we interpret those available choices. This practice can make you an original, or one of the multitudes. Think outside of the availability box. Pay attention to what is around you. Notice the minute details, hues and repetitive patterns. Use your observations as a starting point to make something unique and beautiful!

Enjoy your day and the beauty that surrounds you! If you need me, I'll be the one examining the hand-embroidered quilt over there!

Until next time,

Gremlynn (Lynn Burdett) ♥

Prairie Points Quilt Shop, Ponoka County, AB

Advertisement found on page 16



Photos by Gremlynn (Lynn Burdett)



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HAM & SPLIT PEA SOUP

by Gremlynn, Lynn Burdett, of Prairie Points Quilt Shop

One of our neighbors recently harvested a pig and had some bits and parts they knew they weren't going to be able to use up in a reasonable time frame. A quick call to our house to see if I wanted to take these items off their hands and help free up some freezer room for them—I was off to the races! Today's offering uses ham hocks, but you can easily substitute cooked ham or a saved ham bone. It is a traditional recipe but a very good one, indeed. *Enjoy!*

Stock Method

In a six-quart stock pot, place two to four ham hocks or one large ham bone, with meat still attached, and cover with six to seven cups of fresh, cold water. Add three or four sprigs of fresh or dehydrated thyme—on the stem if you have it. If not, you can add powdered thyme to the soup later. Add eight to ten whole peppercorns. Let simmer three to four hours to make a golden, rich stock. Remove from heat and let cool (often I will put mine outside, on the back deck to cool off) until the fat is easily removed from the top of the stock. Once the fat is removed, you will notice your stock is very jellied. This jelly will have to be reheated to clean up the rest of it. On a medium low heat, slowly reheat the stock until the bones and meat are freely removed from the broth. Clean the meat from the bones, >>



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then strain the rest of the bits in the pot through a large strainer, reserving the stock for your soup. Discard the bones, thyme sprigs, peppercorns and anything else that is neither meat nor bones. You now have beautiful strained stock and are ready to make the soup.

Soup Method

Add the following to your remaining pork stock, which will be around six cups*:

Meat saved from the stock making process (or about 1½ cups of chopped ham)

1 cup chopped celery

1 cup chopped onion

2 medium-sized carrots, finely diced

Salt and pepper to taste (and 1 tsp of dried thyme if you didn't have any fresh or dried sprigs to add to your stock)

1 pound (about 2¼ cups) of dried split peas, rinsed well. Use either green or yellow, your choice. Both are great.

Bring to a boil, then let simmer 1 to 1½ hours, until peas are soft and mushy. Serve with fresh bread or biscuits (recipe on page 30).

Makes six hearty servings. Freezes well. ♥

**If you don't have six cups, top up with chicken stock. If you want to make soup and did not make stock, use six cups of chicken stock.*



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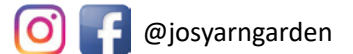
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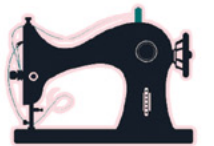
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2024 MYSTERY QUILT: PART TWO

Designed by Ann Jones

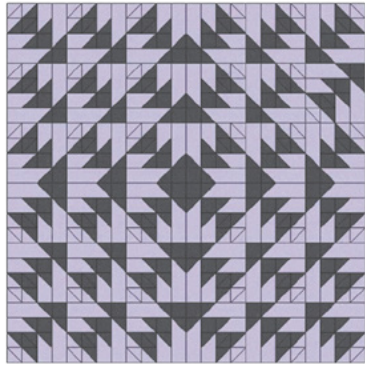
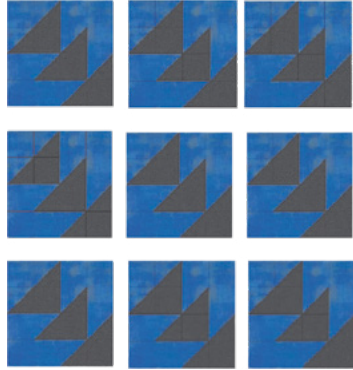
Piecing the quilt top for Option One, the baby quilt.

Following the diagram at right, piece together like a nine-patch. Make four sections.

We're now going to take these four sections and sew them together like a four-patch, turning them so the dark patches form the center diamond. See diagram below for guidance.

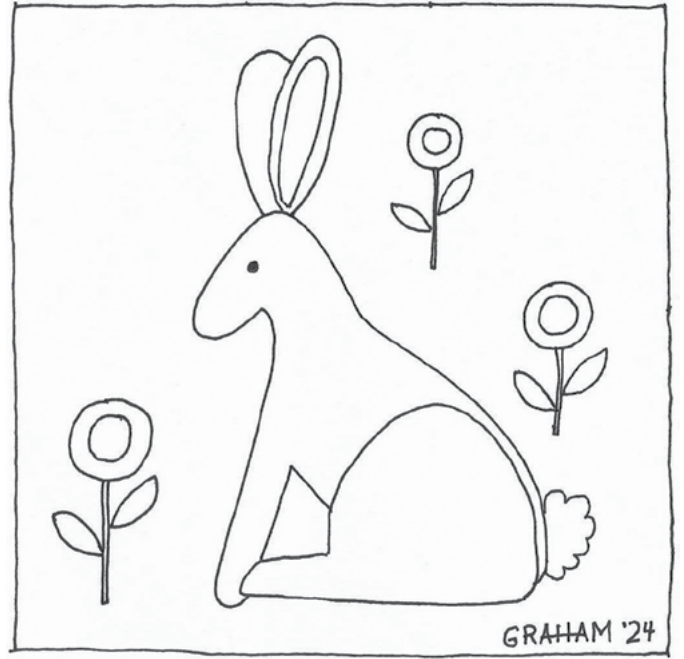
This completes the baby quilt version of this mystery quilt. Quilt and bind as desired. Thanks for joining me! If you want to make a bigger quilt, leave the quilt top as above (don't quilt it!) and look for part three in the May/June issue of Country Register. ♥

Designed by Ann Jones, Nevada, MO. If you have any questions contact Erica at Nine Patch Quilt & Fabrics, Nevada, MO, ericaskouby@gmail.com or 417-667-7100.



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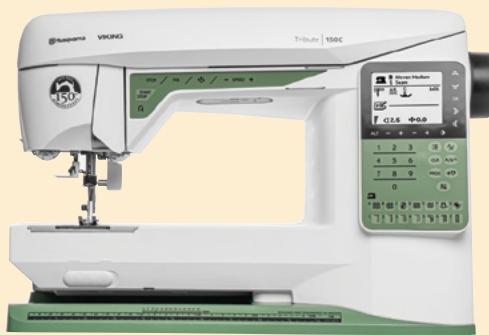
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POTATO PUFF ROLLS

by *Gremlynn, Lynn Burdett, of Prairie Points Quilt Shop*

This is an adaptation of an old recipe found in the *Homemade Bread* recipe book, published by the *Food Editors of the Farm Journal*, circa 1969. I found my copy in my travels, as I often peruse the old recipe book section of secondhand shops. This recipe has since become *the* much-requested bun recipe for our house. I hope you will love it as well. Enjoy!

Ingredients:

- ½ cup of left-over mashed potatoes
- 1 cup milk
- ¼ cup sunflower oil (or your choice of light oil)
- ¼ cup honey (or white granulated sugar)
- 1 tsp salt
- 1 package (or 1 tbsp) active dry yeast
- ¼ cup warm water (110-115 F°)
- 4 to 4½ cups sifted all-purpose flour
- 1 egg

Method

Scald milk. Add oil, honey (or sugar), salt and left over mashed potatoes. Cool to lukewarm.

Set yeast in the lukewarm water; stir to dissolve; let rest five to ten minutes to begin to bubble.

Combine milk mixture, yeast mixture, 2 cups of flour and 1 egg. Beat well until smooth, about two minutes, either by hand or by electric mixer.

Add enough of remaining flour to make a soft dough. Knead, by hand or by machine, until smooth, satiny and elastic, about 10 minutes. Place in lightly greased bowl; turn dough over to grease top, then cover and let rise in a warm place for 1 to 1½ hours, until doubled in size.

Punch down, then turn out onto a board and shape into a ball. Let rest for ten minutes. Shape into 36, egg-sized balls and spread out onto two greased, or parchment-lined, pans. For rolls, leave about two inches between balls. For buns, space closer to each other. Cover and let rise until almost double in size, about another hour. Preheat oven to 400 F°. Bake 12 to 15 minutes until golden brown. So light and airy! Freeze well. *Enjoy!* ♥



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Then I got tired...

so I picked up the block and put it back in the toy box.



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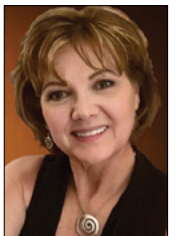
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Kim Caskey, a professional longarm quilter, teacher and quilt artist, hosts quilt and textile tours around the World, including Canada, Ireland, France, Italy and the UK. Her knowledge of travel, quilting, textiles and world culture ensures your tour experience will be the getaway you always dreamed of!
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Package Includes


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Itinerary Highlights

- Spend 11 full days experiencing the beauty of France and very special and exclusive textile related venues
- Guided walking tours of Strasbourg (pre-tour), Riquewihr, Chalons-en-Champagne, Giverny, Paris
- Guided tours of Notre Dame Cathedral-Strasbourg (pre-tour), Haut-Koenigsbourg Castle, Wesserling Park Textile Museum, Beauville Linen, Monet's Garden
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<p>Land Tour \$6,499 US per person, twin share (+\$1,699 US single supplement) September 11-22, 2024</p> <p>Pre-tour Package (Strasbourg) Optional, but highly recommended! \$499 US per person, twin share (+\$256 US single supplement) September 9-10, 2024</p> <p>Registration Deposit \$500 per person</p>	<p>Maximum Places 25 people (minimum 15 people)</p> <p>Information & Registration email: kim@kimcaskey.ca www.kimcaskey.ca</p> <p>*Note: All prices in US dollars</p> 
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www.kimcaskey.ca/tours

If you have a craft-based, non-profit group in Alberta people could get involved with, please send contact information. We would be happy to add it to our directory. Email: countryregab@yahoo.com.

YOUR GROUP LISTED HERE FOR FREE!

Airdrie & District Quilt Guild meets the second Tues. of each month at 7:00 pm (Sept-June) at Woodside Seniors Centre, 411 Woodside Dr SW, Airdrie. For info: www.airdriecommunity.com/ADQG or email info@airdriequilts.com.

Alberta Quilt Study Society is open to anyone interested in Alberta's quilts and their makers. For more info: abquiltstudy@gmail.com or website: abqs.com.

Athabasca Quilt Guild meets 9:00 am to 4:00 pm first Saturday, each month, September to June at the Train Station. Bring own sewing machine and projects for day of quilting and socializing. After lunch, there is a short business meeting. New members always welcome! Questions please contact: Joanne Schmidt: 780-675-9167, Kelly J. Black: 780-689-1421, or Sharon Lefebvre: 780-689-7668.

Barrhead Country Quilters host a sewing day once a month for individual and group quilting projects. Call Grace at 780-674-7248 for information on dates, times and location of meetings and sew days. New Members are welcome.

Battle River Quilter's Guild meets on third Wed. of every month, 6:30 pm, Bethel Lutheran Church (back door), 4102-73 St, Camrose, AB. New members always welcome. Contact Faith Gabert at 780-226-9345.

Beiseker Quilters Guild meets the second Wednesday of the month, 9:30 am to 3:00 pm. For more info call Tish at 403-947-4840 or tish2384@gmail.com.

Big Hill Quilters, Cochrane - Box 1295, Cochrane, AB T4C 1B3

Black Gold Quilt Patch Guild meets the first Tuesday of each month, 7 pm. Location is Telford House, 4907 46 St., Leduc. Lots of free parking, easy access and a lovely meeting venue. For more information, contact president@bgqpg.com. Follow us on Facebook and Instagram @blackgoldquiltpatchguild.

Bow River Quilters Guild meets in Calgary at the Al-Azhar Centre, or via Zoom, the first Friday of each month (Sept. to June). Sew days, workshops, quilting for local charities and classes for members and guests are offered. New members of all skill levels and interests welcome. For membership, contact Jan: jlnorth@gmail.com.

Boyle Gathering Stitches Quilt Group sews every Tues. starting at 10 am in the Boyle Community Centre basement. All stitchers welcome. For more info contact Shirley 780-519-7061 or Bernadine 780-213-1374.

Cactus Rose Quilters Guild, Medicine Hat, meets the second and fourth Wed. each month, except July and August, and only the second Wed. in Dec. and June. Meetings held at the Kinplex Social Room, 7:00 pm. Facebook: @CactusRoseQuiltersGuild

Calgary Guild of Needle & Fibre Art meets second Wed. of each month (Sept-June), 7:00 pm at the Scandinavian Centre, 739 - 20 Ave NW, Calgary. For more info: www.cgnfa.com or website: cgnfa@gmail.com.

Calgary Modern Quilt Guild meets on the third Thursday of each month at 7:00 pm at the Wildwood Community Assoc., 4411 Spruce Dr SW, Calgary. New members welcome. Contact: CalgaryMQG.com or CalgaryMQG@gmail.com. FB: CalgaryModernQuiltGuild IG: @CalgaryMQG

Central Alberta Quilters' Guild meets the first Wed. of each month at Red Deer Elks Hall, 6315 Horn Street, Red Deer. Website: centralalbertaquilters.org, click on *contract us* for more information. New members always welcome.

Chestermere Lakeside Quilters Guild meets at the Chestermere Rec Centre on first and third Wed. each month, and one Sat. each month. For info, call Melodie at 587-225-4395.

Chinook Country Quilters, Okotoks meet every Mon. (Sept-June) at St. Peter's Anglican Church, Okotoks. Info: call Clairie 403-938-2974, or Helen 403-995-0405.

Chinook Guild of Fibre Arts meets Mon. (Sept-June) from 9:00 am to 4:00 pm with strong focus on quilting, Wed., 9:00 am to 2:00 pm with strong focus on needle working and rug hooking and the second and fourth Thurs. from 6:30 pm to 9:30 pm for fibre enthusiasts. All meetings at Rossarock Community Hall, 4411 10th Ave SW. For more info contact: cgfa@ymail.com.

Claresholm Log Cabin Quilters is a fun group who get together every Wed. from 1:00 to 4:00 pm at Claresholm Seniors' Drop-In Centre, 5009 - 2nd St E. Create and donate quilts to patients in hospitals and care centres, learn new patterns and techniques, etc. Come and join us, beginners always welcome! For more info: Norma Waddell at 403-625-3440, email: normaw625@gmail.com, or Bev Ramm at 403-625-3539, email: bev1909@gmail.com.

Cochrane Quilters meet the first and third Tuesday of each month for a sewing day from 9:00 to 2:00 at the Frank Wills Memorial Hall, Cochrane. Bring your sewing machine and projects for a day of quilting and socializing. New members welcome. Email: j.lemmer@telus.net.

Cochrane Big Hill Needlearts Guild meets the first Wed. of every month, 7:00 pm at the Stitching Corner, #2 185 - 1 St E, Cochrane, AB. Website: www.cbhng.ca. Email: cbhng.ca@gmail.com. New members welcome.

Country Lane Quilters Guild meets the first Saturday of the month (Sept-June) from 9:30 am to 3:00 pm at Christ Church, Hwy 549, Millarville, AB. The business meeting is in the morning and then project work after coffee break. We are a fun group working on our own quilts and make some for the local charities in the Foothills Division. New and experienced quilters welcome. Contact clqgmillarville@gmail.com or stop by to say hi.

County Quilters Guild, Stony Plain, AB. Meet fourth Tues. of the month (Sept-May) at 7:00 pm, Stony Plain Royal Canadian Legion. Contact us at www.CountyQuiltersGuild.ca or CountyQuiltersGuild@gmail.com.

Czar Quilt Guild meets at the Czar Cultural & Rec Centre (Czar Hall) the second and fourth Wed. of each month (Sept.-June). Call Carol Penman at 780-857-2152 for info.

Dalemead Quilters' Guild meets second Thur. (7:00 pm, Sept-May) Indus Arena, Indus, AB (4.8 km east of Calgary on Hwy 22X, north on Hwy 791 for 100 metres). Info: Carol McNab 403-936-5857 or mcnabca@efirehose.net. Due to Covid-19 we are not currently meeting.

Daysland Crocus Quilters meet at Kwilt'n Korner, 5038-49 St., Daysland, AB, Tues. & Wed. each week from Oct 1 to April 30. Contact: Marg 780-374-2167, Dorothy 780-608-4206, or Maureen 780-781-9494.

Diamond Valley Quilters meet in Turner Valley (Diamond Valley) at the Sheep Creek Arts from 10:00 am to 3:00 pm every Wed. (Sept-June). We do group projects and charity quilts. All quilters are welcome, young and old. Quilt show on June 1, 2024. Info Sheila, 403-931-3989 or sheepcreekarts@live.ca.

Doll Club of Edmonton - dollclubedmonton@gmail.com. www.facebook.com/groups/dollclub. www.dollclubofedmonton.com.

Edmonton & District Quilters Guild For more info see website: www.edqg.ca.

Edmonton Modern Quilt Guild meets the first Tuesday by zoom and in-person. Doors open at 6:30 pm, meeting at 7:00 pm, at the Focus on Fibre Art Association studio, 10554-110 St NW, Edmonton. Contact yeg.emqg@gmail.com, www.emqg.ca. Facebook: Edmonton MQG, Instagram: EdmontonMQG.

Edmonton Needlecraft Guild meet at 7:30 pm on the second Tues. of the month (Sept-June) at the Spirit of Hope United on Whyte Church, 7909-82 Ave, Edmonton. Additional events on Facebook page. We welcome beginner to advanced embroiderers and everyone with an interest in fibre arts.

Focus on Fibre Art Association (FFAA) is a not-for-profit association that provides opportunities to members and member organizations for engagement with the larger fibre art community. We offer workshops and events that promote skill development and host competitions and exhibitions that showcase the creativity of artists. Visit our website at www.focusonfibreart.org to see what's happening month-to-month in the FFAA Studio/Gallery in Edmonton. Annual membership fee is from January 1 to December 31. Facebook: [focusonfibreart](https://www.facebook.com/focusonfibreart) Instagram: [focusonfibreartassociation](https://www.instagram.com/focusonfibreartassociation)

Fort Saskatchewan Quilting Guild meets the third Mon. of every month at 7:00 pm at the First United Church, 10409 - 100 Ave, Ft. Saskatchewan, AB. Everyone welcome. Email: fortsaskquiltguild@hotmail.com for more info.

GANG (Grandmothers of Alberta for a New Generation) Phyllis: 780-469-6327 or Judy: 780-434-0036. www.edmgrandmothers.org

Gone to Pieces Quilting Group, Rocky Mountain House, AB. A group of women who meet at the Lutheran Church from 9:00 am to 4:00 pm, second Sat. of each month (Sept-June) to quilt and chat. All ages, beginner quilters welcome. For more info, contact Colleen at 403-722-3205.

Goodridge Creative Quilters meet every Tues. (Sept-April), Goodridge Jubilee Hall from 9:00 am to 4:00 pm. Join a great bunch of gals, work on your own projects, the annual *Quilt til You Wilt*, bi-annual quilt show... also create quilts for those in need. For more info, contact Marnie Pratch: 780-635-2257, Debbie Vezeau: 780-726-3651 or Patti Janz: 780-635-2600.

Griffiths Quilting and Crafts Group meets in Griffiths Centre, Black Diamond, Mondays and one Saturday most months. Contact Maxine at nelson.maxine@gmail.com for information.

Hearts & Hands Quilter's Guild, Drayton Valley, fosters the art of quilting to all who show interest, while creating an atmosphere for learning and friendship. New members welcome! Meet the third Thurs. of each month at 7:00 pm and each Wed. from 9:30 am to 4:00 pm, 5056-50th Ave, Drayton Valley. For more info, please contact Christine Willoughby at 780-542-5725.

Hearts Sew Giving, Rocky Mountain House, AB. This non-profit society sews quilts and gives them to the residents of Rocky Mountain House and Clearwater County who are battling cancer or a life changing illness. The group meets every second Tuesday of the month (Sept-June) 9:30 am to 3:00 pm at the Pioneer Centre, Rocky Mountain House. For more information contact Jane Hamilton 403-845-2574.

Heritage Park Quilt Guild meets the first and third Wed. of each month (Sept. to June) at Heritage Park, Lower Level, Gasoline Alley, 7:00 p.m. We have an educational based program for 20 meetings per year, with an additional four, day-long, workshops per year. All quilters and guests welcome! For more information, contact heritageparkquiltguild@gmail.com.

Heritage Time Out is where practitioners of quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet at McDougall United Church (8516 Athabasca Street SE, Calgary) on Wednesday mornings from 9:00 am to 11:30 am during the school year, September 13 to November 29, 2023, January 3 to March 20 and April 3 to June 19, 2024. Please contact Jennifer at McDougall United Church 403-252-1620, or email heritagetimeoutcalgary@gmail.com, attention Cynthia, for further information. Also on FaceBook and Instagram.

High Prairie Quilt Guild meets third Fri. of each month, St. Andrew's School staff room (Sept.-June). Annual quilt show, classes, retreats and drag and brag! New members welcome. For more information, Marla 780-523-3082.

High River & District Handicrafts Guild meets every Fri., 9:00 am (Sept-June) at the Lutheran Church, 910 12th Ave W. We welcome all crafters. For more info, contact Carol at 403-652-4907.

Kalya Country Quilters meet the second Sat. every month, 10:00 am at Mundare Senior Centre. For more, info call Val, 780-764-3727.

Kinosoo Quilters Guild, Cold Lake, AB, meets at the Harbour Light Alliance Church, 602 10th Street, Cold Lake, AB, two Sew-Saturdays a month, meeting one of those Saturdays at 11:00 am. For more information, email Kinosooquilters@gmail.com or search Kinosoo Quilters Guild on Facebook.

Lakeside Quilters meet in Chestermere at the Rec Centre. Meetings on the first Wed. each month, sew evenings on the third Wed. of each month. Sew Saturday each month as well. Several classes throughout the year, we make charity quilts and we have a monthly mystery quilt challenge. For more info: Melodie at 587-225-4395.

Lethbridge Centennial Quilters Guild meets fourth Tues. of the month (except July, Aug and Dec) at 7:00 pm, CASA Community Room, 230 8th St S, Lethbridge. Email: Jackie, mignaultjac@gmail.com; cell: 403-849-1733. www.lethbridgequilters.ca.

Lethbridge Modern Quilt Guild meets first Tues. of every month (except July and Aug) at 7:00 pm, Richardson Oilseed Community Room at Lethbridge Community College, 3000 College Drive South, Lethbridge, from Sept 2023 to June 2024. New members welcome. First meeting is free. Please contact lethbridgemqg@gmail.com for details.

Mountain Cabin Quilters Guild, Canmore, meets third Wed. of each month. All quilters and sewists welcome. For info: mountaincabinquilters.ca or visit Facebook page.

Mulhurst Bay Quilt Club meets every Wed. at Mulhurst Bay Community Hall. First Wed. every month we work together on compassion quilts for community and surrounding area. All levels of quilters welcome. For info, contact Club President: Doris Kuefler, doris.kuefler@hotmail.com.



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Parkland Modern Quilters Guild, Sew-in Sat. held most Sat. in Stony Plain, Founders Building, Stony Plain Parkland Museum, 10:00 am to 4:00 pm. Bring sewing machines and quilt projects for a great day. Schedule on Facebook page. All quilters welcome, \$5.00 for the day.

Peace by Piece Calgary NW meet the second Tues. of every month, 7:00 pm (Sept-June). For more information, email: pxpquiltguild@gmail.com.

Peace by Piece Quilters' Guild Calgary meet the second Tues. of the month, Hope Lutheran Church NW. For info, email: pxpquiltguild@gmail.com.

Piecemakers Guild of Calgary. New members welcome. Meets second Mon. of month for evening group and third Mon. morning each month for day group, St. Peters Anglican Church 75th Ave and Elbow Drive SW. Members support a number of charities. Demos, challenges, workshops, programs, etc. Info: Linda Nixon, 403-888-3647 or email: lindanix22@gmail.com.

Piecemakers Quilt Club meets every Tues. 10:00 to 3:00 pm (Sept-June), Alder Flats Western Pioneer Seniors Centre. Last Tuesday of each month we use for charity work. We welcome all quilters, any level. For more info contact Diana Rowan at 780-388-3793.

Pincher Creek Quilters Guild, Pincher Creek, AB, meets every Tues. afternoon, 1:00 pm, at St. John's Anglican Church, Main St. Our monthly meeting is every third Tues. of the month. We always have a quilt on the frame we are hand quilting. New members always welcome. Every second month is a sew and quilt day from 10:00 am to 4:00 pm. Bring your sewing machine and quilt project or learn a new project. Drop in and join us. For information, contact Jo at jblegs@telus.net.

Pins and Pine Needles Quilt Guild, Whitecourt, AB. Contact pinsandpineneedlesguild@gmail.com or visit www.ppnqg.com. Facebook: Pins and Pine Needles Quilt Guild.

Quilting for Humanity, Athabasca. Contact Yvonne Doroshenko, 780-675-4851, Box 1103, Athabasca, AB T9S 2A9, or email: ydoroshenko@mcsnet.ca.

Quilts of Valour Canada: Lezley Zwaal, founder: 780-983-3210. For more info email: QoV@QuiltsOfValour.ca, or www.QuiltsOfValour.ca.

Redwater (and area) Quilters Guild meets two Sat. a month at Alliance Church in Redwater. Combine learning new quilt patterns for personal enjoyment with creating items to donate to charitable organizations. Interested and prospective quilters contact Vicky Dybaylo Shears at 780-580-0051, Peggy Turner at 780 298-8301, or Carol Van Meter at 780-942-3599.

Sherwood Park Quilt Guild meets the second Thurs. each month from (Sept-June) at 7:00 pm at the Robin Hood Learning Centre, 141 Broadway Blvd, Sherwood Park. New members welcome. See our website spqg.ca. Follow us on Facebook. For more information contact us at info@spqg.ca.

St. Albert Quilters Guild meets every Tuesday, 1:00 pm to 3:00 pm, and Thursday, 1:00 pm to 9:00 pm, at St. Albert Place (we have a studio at City Hall). For membership please contact SA_QuiltersGuild@hotmail.com.

St. Andrew's Quilting Group, Edmonton meets each Tues. from 9:15 am to 1:00 pm, St. Andrew's United Church basement, 9915-148 St, Edmonton. Contact Doreen at 780-455-0169 or Lynne at 780-459-4814 for more info.

Stitch 'n Time Guild of Calgary meets second and fourth Mon. of the month. A mix of traditional and modern styles. New members of all ages welcome. Contact Linda at lindapar@me.com.

Sylvan Lake Quilters Guild meet on the first Wed. of the month, Sylvan Lake Memorial Presbyterian Church, 7:00 pm to 9:00 pm. Contact us on our Facebook page..

Tangled Threads Quilt Guild has gathered for 20 years in Bonnyville. Monthly business meeting on first Tues. of the month at Bonnyville Seniors Drop-In Centre in Pioneer Hall. Sewing days are scheduled throughout month. Please contact Paula Vasseur at 780-826-2952, pvasseur@hotmail.com or Rita Bell at 780-826-4260.

The Cotton Pickers Quilt Club meets the first Thurs. every month (Sept-June), 7:00 pm at Parkside Seniors Centre, Taber, AB. Five day retreats every second week Mon. to Fri. For additional information contact Val Leahy at 403-330-4156 or email tabercottonpickers@gmail.com.

The Flying Needle Quilt Guild meets second Sat. of the month (Sept-June), Millarville Community Church, 9:30 am, just east of Hwy 22 on Hwy 549. New members welcome. Contact Mary Dymond at mkdymond@gmail.com for further info.

Three Hills Pieciful Stitchers meet second and fourth Tues. (Sept-Nov, Jan-April), 9:00 am to 5:00 pm, The Community Drop-in Centre, 499-3rd Ave SE, Three Hills, 403-443-2182. Contact Cathy at 403-445-1508 for information.

Tofield Country Quilters Guild meet first and third Fri. at Bardo Lutheran Church, 5609 48th St., Tofield. Demos, classes and more for members and guests. Facebook page: Tofield Country Quilters. Email: tofieldcountryquilters@gmail.com.

Vermilion Quilters meet five days a month at the Red Feather Ridge Retreat and Conference Centre near Vermilion and enjoy individual projects, demos and fellowship. New members of all skill levels and interests welcome. Learn more about us on Facebook: Vermilion Quilters Guild. Contact: Lyn Yaremchuk at 780-581-5455.

Victoria's Quilts Canada Our mission is to provide handmade quilts to people with cancer. Inquiries: **Calgary** Branch vqcalgary@gmail.com • **Edmonton** Branch vqedmonton@gmail.com • **Okotoks** Branch victoriasquiltsokotoks@hotmail.com.

Westlock Crazy Quilters meet first thursday of the month (Sept - May) at Brookside Village, Westlock. We offer courses, have sew days each month and make charity quilts. New members of all skill levels are welcome. For more info call Jodi at 780-307-5451 or Veronica at 780-349-4890. Find us on Facebook.

Wetaskiwin Quilter's Group meets the fourth Monday each month. Contact Eileen, 780-352-7436, or Marlene, 780-352-9901.

Wheatland Quilters, Strathmore, AB, meet second and fourth Thurs. of month, Strathmore Agriculture Grounds. Call Wendy, 403-901-3756 or wheatlandquilters@gmail.com.

Whitecourt Pins and Pine Needles Guild meets every second Thurs. of the month.

Wild Rows Country Quilters meet second and fourth Tuesdays each month at Wawa's Quilt Store in Bowden, just off QE2, to work on charity projects and own projects. New members welcome. Call Pat, at (403)350-9792, for more info.

Yellowknife Quilters Guild meets the second Thurs. each month (Sept - June) at Baker Centre. Quilters of all skill levels and interests from across the Northwest Territories are welcome. Facebook: [yellowknifequilters.guild.3](https://www.facebook.com/yellowknifequilters.guild.3), Twitter @YKQuilters or www.ykquiltersguild.ca. For more information, email quiltingyk@gmail.com.♥



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